



# SEATA

**38th Annual Clinical Symposium & Members Meeting**  
**Featuring and Co-hosted by**  
**EMORY HEALTHCARE**  
 EMORY SPORTS MEDICINE CENTER  
**March 8-10, 2013 – Atlanta, GA**



Home Site Map News Executive Board Committees State Links Awards Meetings & Education Organization Info Links

SEATA Quick List ▼



**March 8-10, 2013**

[Crowne Plaza Ravinia](#)



Crowne Plaza Ravinia Hotel,  
 4355 Ashford Dunwoody Rd.  
 Atlanta, GA



**EMORY**  
 UNIVERSITY  
 SCHOOL OF  
 MEDICINE

## Course Description

The 38th Annual Clinical Symposium & Members Meeting, held in conjunction with the 2013 Emory University Sports Medicine Symposium, is a comprehensive, multidisciplinary program that strives to bridge the gaps between science and actual practice by incorporating surgeons, physicians, athletic trainers, and physical therapists as faculty. With the broad scope of its faculty, this symposium will reach a multidisciplinary target audience of health care professionals through a far-reaching and coordinated effort.

## Meeting Materials

*Registrants of the Clinical Symposium & Members Meeting will be able to go to a password protected website in advance to download presentations, documents, for the symposium.*

## Registration

Pre-registration for our district meeting in Atlanta, GA is \$105.00 for everyone pre-registering except students (\$70.00) and non-NATA members (\$200.00). Single day rates are also available for all each member category during both pre-registration and onsite. Pre-registration is encouraged so we can have an accurate count of those attending in order to plan ahead and reduce costs. Online registration is strongly encouraged. If you choose to send a check or register as a group, please register online and mail a list of the names registered or a copy of your registration confirmation with your check to Timothy L. McLane, MBA, ATC, LAT, SEATA Treasurer, 1051 Alder Way, Apt. 407, Evans, GA 30809. Phone 706-721-0266 [SEATA Refund Policy](#) [SEATA Website Privacy Policy](#)

To qualify for the pre-registration registration prices, registration must be submitted by one of the options below: Online registration via <https://www.SignUp4.net/Public/ap.aspx?EID=SEAT89E> with credit card must be submitted on or before Friday, March 1, 2013. Follow up with your check to Timothy L. McLane, MBA, ATC, LAT, SEATA Treasurer, 1051 Alder Way, Apt. 407, Evans, GA 30809. **Individuals who have not registered via the above methods must register on-site at the on-site rate.**

## Accommodations

Rooms at the [Crowne Plaza Ravinia](#) must be reserved on or before Friday, February 22, 2013 to ensure the special group flat room rate of \$129.00 by calling (770) 395-7700 or Fax 770-392-9503. Check in time is 4:00 P.M. Request "the Southeast Athletic Trainers Association group rate". Parking is complimentary.

## [Transportation Information](#)


- Taking Marta From Airport To Crowne Plaza Ravinia
- MARTA Shuttle
- Hotel Shuttle
- Driving Instructions from Major Arteries

### Exhibitors and Corporate Partners

If you are interested in exhibiting or if you know of an interested exhibitor or would like to refer someone to SEATA for Corporate Partnership, please see our [SEATA Corporate Partner Plan](#).

### Continuing Education

By registering and attending all of the regularly scheduled sessions of the 38th Annual SEATA Clinical Symposium & Members Meeting, registrants may receive approximately 20 CEUs:

	<p>The Southeast Athletic Trainers' Association is recognized by the Board of Certification, Inc. to offer continuing education to Certified Athletic Trainers. This program has been approved for a maximum of (#) hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. BOC approved Provider Number P207.</p>
--	---

The Emory University School of Medicine designates this live activity for a maximum of 18.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Emory University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME).

Physical Therapists: Application for CEU credit has been filed with the Physical Therapy Association of Georgia. Determination of credit is pending. Please check the link for the Emory Sports Medicine CME at [www.emory.edu/CME](http://www.emory.edu/CME) for final determination.

## *Tentative Agenda*

### Thursday, March 7, 2013

Time	Event	Presenter
1:00 P.M. – 6:00 P.M. 7:00 P.M. – 9:30 P.M.	<a href="#">SEATA Executive Board Meeting</a>	MaryBeth Horodyski, EdD, ATC, LAT Jim Mackie, MEd, ATC, LAT David Green, MA, ATC Tom Bair, MEd, ATC, LAT Tim McLane, MBA, ATC, LAT
1:30 – 5:30 P.M.	<a href="#">SEATA Research and Education Committee Meeting</a>	Cathleen Brown Crowell, PhD, ATC Brady L. Tripp, PhD, ATC, LAT
5:30 – 9:30 P.M.	Exhibit Set Up	Rich Frazee, MS, ATC

### Friday, March 8, 2013

Time	Event	Presenter
7:00 A.M. – 12:00 P.M.	Packet Pick-Up and On-Site Registration	Tom Bair, MEd, ATC, LAT Tim McLane, MBA, ATC, LAT Cathy Jackson, CMP
7:00 A.M. – 5-30 P.M.	Speaker Ready Room	
7:00 A.M. – 4-00 P.M.	Exhibits Open	Rich Frazee, MS, ATC
7:00 A.M. – 8-00 A.M.	Emory Continental Breakfast with Exhibitors	
7:30 – 7:40 A.M.	Welcome/Opening Comments	Spero G. Karas, MD MaryBeth Horodyski, EdD, ATC, LAT Jim Mackie, MEd, ATC, LAT
7:40 A.M.	Hydration and Heat Related Illness: Can We Do Better?	<a href="#">Rebecca Lopez, PhD, ATC</a>
8:00 A.M.	Stretching: Prevention or Myth	Mike Newsome, PT
8:25 A.M.	Preparticipation Physicals: Asking the Right Questions	Amadeus Mason, MD
8:45 A.M.	Acute Management of In Season Injuries	Marty Lauzon, PT, ATC
9:05 A.M.	Nutrition: Is your Diet Helping or Hurting You?	Rob Skinner, RD
9:30 A.M.	Sideline Emergencies	Jim Ellis, MD
<b>9:55 A.M.</b>	<b>Break &amp; Exhibit Browsing</b>	
10:10 A.M.	Off Season RC Programs: Injury Prevention or Myth?	Chip Hewgley, PT

10:30 A.M.	RTP after Shoulder Surgery: Who Returns and When?	Spero Karas, MD
10:55 A.M.	Case Study Presentations (3 at 10 min each) (Ex. RTC, Eating Disorder, Research)	
11:30 A.M.	<u>Roundtable Discussion</u> : Do off season programs prevent future injuries? When is it safe to return to play?	Chip Hewgley, Mike Newsom, Spero Karas, Rebecca Lopez
<b>Noon</b>	<b>Lunch (on your own) and Exhibit Browsing</b>	
1:00 – 3:00 P.M.	Packet Pick-Up and On-Site Registration	Tom Bair, MEd, ATC, LAT Tim McLane, MBA, ATC, LAT Cathy Jackson, CMP
1:00 P.M.	Announcements	Spero G. Karas, MD Jim Mackie, MEd, ATC, LAT
1:05 P.M.	Evaluation Using MSK US- Knee/Shoulder/Ankle	Brandon Mines, MD
1:20 P.M.	Ultrasound Assistance in Core Stabilization	Carl Heldman, PT
1:40 P.M.	What is PRP and Why Do We Use It	Jeff Webb, MD
1:55 P.M.	Treating the Achilles Tendon and Plantar Fascia with PRP	Amadeus Mason, MD
2:20 P.M.	PRP vs. Stem Cell Therapy: When are they Indicated?	Amadeus Mason, MD
2:40 P.M.	Case Study Presentations (PRP, Stem Cell) (2 at 7 min each)	
2:55 P.M.	<u>Roundtable Discussion</u> : MSK US vs. MRI, PRP, RTP after PRP or Stem Cell Therapy	Brandon Mines, MD Carl Heldman, PT Jeff Webb, MD Amadeus Mason, MD
<b>3:30 P.M.</b>	<b>Break &amp; Exhibit Browsing</b>	
3:45 P.M.	Concussion Management and Use of Impact Testing	Jeff Webb, MD
4:00 P.M.	Concussion Rehabilitation: How Does this Work?	Anthony Stringer, PhD
4:25 P.M.	Concussion Legislation	Drew Ferguson, MEd, ATC
4:45 P.M.	<u>Roundtable Discussion</u> : Managing concussions appropriately	Jeff Webb, MD Anthony Stringer, MD Drew Ferguson, ATC
5:05 P.M.	Meeting Adjourn	
5:15 - 7:15 P.M.	Dinner on your own	
7:30 - 9:30 P.M.	An Evening at Suwanee West sponsored by <a href="#">MSMOC</a> & <a href="#">NATA Foundation</a>	Doug May, ATC History & Archives

### Saturday, March 9, 2013

Time	Event	Presenter
7:00 A.M. - 5:30 P.M.	Speaker Ready Room	
7:00 A.M. - 12:00 P.M.	Registration/Packet Pick-up	Tom Bair, MEd, ATC, LAT Tim McLane, MBA, ATC, LAT Cathy Jackson, CMP
7:00 A.M. - 8:00 A.M.	Emory/SEATA Continental Breakfast	Rich Frazee, MS, ATC
7:30 A.M. to Noon	<b>Two Concurrent Sessions of Educational Programming</b>	
7:30 A.M.	Welcome	Cathleen Brown Crowell, PhD, ATC Brady L. Tripp, PhD, ATC, LAT
7:35 A.M. - 8:15 A.M.	<a href="#">Sports Nutrition</a>	<a href="#">Amber Yudell, RD</a>
8:15 A.M. - 8:55 A.M.	<a href="#">Heat Illness Legislation in the Southeast</a>	<a href="#">Rebecca Lopez, PhD, ATC</a>
8:55 A.M. - 9:35 A.M.	<a href="#">Ethics</a>	<a href="#">Jim Berry, EdD, ATC</a>
<b>9:35 A.M. - 9:50 A.M.</b>	<b>Break</b>	
9:50 A.M. - 11:00 A.M.	<a href="#">Patient Centered Issues and Roundtable</a>	<a href="#">Gary B. Wilkerson, EdD, ATC</a> <a href="#">Marisa Colston, Ed. D., ATC</a> <a href="#">Danielle Mitchell, M.D.</a>
11:00 A.M. - Noon	<a href="#">Concussion Legislation in AL</a>	<a href="#">Drew Ferguson, MEd, ATC</a>
11:00 A.M. - Noon	Poster Session	TBA Submissions in January
11:00 A.M. - 11:30 A.M.	CAATE Update (non CEU)	Micki Cuppett, EdD, ATC or CAATE Representative
7:30 A.M.	Welcome/Opening Comments	Spero G. Karas, MD MaryBeth Horodyski, EdD, ATC, LAT
7:35 A.M.	ACL Injury Prevention Programs: Do They Work and How to Utilize Them?	Spero G. Karas, MD
7:55 A.M.	Late Term ACL Rehabilitation: A Rationale for RTP	Dan Kraushaar, PT

8:15 A.M.	Non-Operative Treatment of ACL Injuries	Mike Biller, PT
8:35 A.M.	RTP after ACL Recon: Who Returns and When	Joan Reed, ATC
8:55 A.M.	Graft Choices in ACL Reconstruction: What to Consider	John Xerogeanes, MD
9:15 A.M.	Knee Dislocations: Career Ending Injury or RTP	John Xerogeanes, MD
<b>9:35 A.M.</b>	<b>Break &amp; Exhibit Browsing</b>	
9:50 A.M.	Sport Psychology and the Injured Athlete	Tiffany Jones, PhD
10:20 A.M.	Cartilage Injuries in the Lower Extremity: RTP or Not	Sam Labib, MD
10:40 A.M.	Foot and Ankle Sports Injuries- Things You Can't Afford to Miss	Sam Labib, MD
11:00 A.M.	Case Study Presentations	ATs
11:30 A.M.	Roundtable Discussion: Does every athlete who tears his ACL need Surgery? Foot and ankle complexities	John Xerogeanes, MD Sam Labib, MD Spero G. Karas, MD Mike Biller, PT Joan Reed, ATC
<b>12:00 P.M.</b>	<b>Lunch</b>	
1:00 – 3:00 P.M.	Registration/Packet Pick-up	Tom Bair, MEd, ATC, LAT Tim McLane, MBA, ATC, LAT Cathy Jackson, CMP
12:30 – 2:00 P.M.	Business of Athletic Training Session 1	Lisa Kluchurosky, MEd, ATC Kathy Dieringer, EdD, ATC, LAT Linda Mazzoli, MS, ATC
1:00 P.M. - 2:15 P.M.	Oral Reports: Clinical Case Studies and Research Abstracts	TBA Submission in January
1:00 to 2:00 P.M.	<b>Learning Lab A1</b> Upper Extremity Evaluation	Spero Karas, MD
2:00 to 3:00 P.M.	<b>Learning Lab B1</b> <a href="#">Assessing Core Function</a>	<a href="#">Monique Mokha, PhD, ATC</a> <a href="#">Megan Colas, PhD, ATC</a>
	<b>Learning Lab B2</b> Lower Extremity Evaluation	Sam Labib, MD Rachel Burdette, ATC
	<b>Learning Lab B3</b> Plyometric /Periodization Lower Extremity Evaluation	Dan Kraushaar, PT Jared Kiemicki, ATC
3:00 to 4:00 P.M.	<b>Learning Lab C1</b> <a href="#">Acute Care</a>	<a href="#">Eric J. Fuchs, DA, ATC, EMT-B</a>
	<b>Learning Lab C2</b> Spine Evaluation	Jose Garcia, MD Rachel Zgrabik, ATC
	<b>Learning Lab C3</b> Lumbar and Core Stabilization	Carl Heldman, PT Melissa Rosen, ATC
4:00 to 5:00 P.M.	<b>Learning Lab D1</b> <a href="#">Evidence Based Wound Care</a>	<a href="#">Joel Beam, EdD, ATC</a>
	<b>Learning Lab D2</b> Golf Analysis	Kevin Poplawski, PT Molly McNeil, ATC
	<b>Learning Lab D3</b> Plyometric/ Periodization/Interval Throwing - Upper Extremity	Chip Hewgley, MPT Amanda Williamson, ATC
5:00 - 5:30 P.M.	<b>Tim Kerin Memorial Awards Reception</b>	
5:30 - 6:15 P.M.	<b>Tim Kerin Memorial Awards &amp; Hall of Fame Ceremony</b>	Crandall Woodson, ATC Bob Nevil ATC, PT
6:15 - 7:00 P.M.	<b>SEATA Members Meeting</b>	MaryBeth Horodyski, EdD, ATC, LAT Jim Mackie, MEd, ATC, LAT David Green, MA, ATC Tom Bair, MEd, ATC, LAT Tim McLane, MBA, ATC, LAT
<b>7:00 P.M.</b>	<b>Adjourn</b>	

### Sunday, March 10, 2013

Time	Event	Presenter
7:00 – 10:30 A.M.	Speaker Ready Room	
6:15 – 8:00 A.M.	Late Registration/Packet Pick-up	Tom Bair, MEd, ATC, LAT Tim McLane, MBA, ATC, LAT Cathy Jackson, CMP
6:45 – 9:00 A.M.	Members Coffee	SEATA
7:00 – 8:00 A.M.	<b>Roundtable with the District Director</b>	MaryBeth Horodyski, EdD, ATC, LAT
8:00 – 8:45 A.M.	<b>General Session I</b> <a href="#">Interpreting Arthroscopic Images</a>	<a href="#">Robert Baudier, ATC, OPA</a>

8:45 – 9:00 A.M.	Break	
9:00 – 10:00 A.M.	<b>General Session II</b> <a href="#">Evidence-Based Approach to the Prevention and Management of Patellofemoral Pain</a> sponsored by the <a href="#">NATA Research &amp; Education Foundation</a>	<a href="#">Michelle Boling, PhD, ATC</a>
10:00 – 11:00 A.M.	<b>General Session III</b> <a href="#">Management and Rehabilitation of Ankle Sprains</a>	<a href="#">Steve Zinder, PhD, ATC</a>
11:00 A.M.– 1:30 P.M.	Business of Athletic Training Session 2	Lisa Kluchurosky, MEd, ATC Kathy Dieringer, EdD, ATC, LAT Linda Mazzoli, MS, ATC
1:30 P.M.	<b>Adjourn</b>	

### ***Special Announcement!!!!***

***All Students who attend the 28th Annual SEATA Athletic Training Student Workshop receive a \$15.00 discount on Pre-registration to attend the 38th Annual SEATA Clinical Symposium & Members Meeting, March 8-10, 2013***

Discount available to non-certified students only

[Home](#) [Site Map](#) [News](#) [Executive Board](#) [Committees](#) [State Links](#) [Awards](#) [Meetings & Education](#) [Organization Info](#) [Links](#)

[SEATA Quick List](#) ▼

Last Updated: 07/02/2013 05:32 PM