



Southeast Athletic Trainers Association

May, 1987

District IX-N.A.T.A., Inc.

Sherry Sutton, Secretary/Treasurer

From the District President. . .

Time and economics will not permit me to write each of you individually. With a sincere heartfelt appreciation, I would like to thank you for the confidence given to Jerry Robertson, East Tennessee State University Training Staff and District Nine membership in July. There has never been a person reasonably successful or provide proper leadership without stronger assistance and more competent leadership of members of that organization. From the first meetings of District Nine the membership has always improved, and there has been competent and responsible people.

Please start planning and saving now for the next District meeting. Folks are working hard preparing another outstanding outing. This meeting is not only going to be an informative and educational gathering, but a good time for a family affair. Yes, a family affair! Please plan now to bring the entire family.

Jim Gallaspy has worked hard on details for housing and meal programs that individuals or families will be able to enjoy and afford. On the coast in this area, food, lodging and scenery will be tops.

Bobby Goodwin - "Mr. Entertainment" is preparing a number of activities that will be enjoyed by many. Southern hospitality galore.

Leroy Mullins and Straton Karatassos are assembling one of the most knowledgeable and learned faculties for presentations. Tim Mullins has been appointed 1987 Chairman of Student Trainer Programs. Tim and the committee are working up a real fine program for student trainers. Please make every effort possible for your student trainers to attend. For any individual to achieve a reasonable amount of success - strong assistants and competent people help that individual. The importance of the competent student trainer cannot be overemphasized. District Nine has some "dandies"!

Please feel free to express your feelings about the district and national events and issues to any of the District Nine officers. This will enable us to express your votes in the national organization.

Best wishes and kindest personal regards.

Jerry Robertson

The Southeast Athletic Trainers Association Memorial Scholarships

These Scholarships were established on July 3, 1981 by the members of the Southeast Athletic Trainers Association of District Nine of the National Athletic Trainers Association. These awards will be given to a student member of the S.E.A.T.A. to preserve the memory and accomplishments of the deceased members of the S.E.A.T.A. and to perpetuate the standards, ideals, and professionalism of Athletic Training that they labored to establish.

The Scholarship Committee of District IX is pleased to present the 1987 scholarship recipients:

Graduate—Charles Michael Ellis

Charles is student at Troy State University. He has a 3.81 GPA in Biology and Physical Education and Health. He also holds teaching degrees in these fields.

Charles has worked for nine months at the Hughston Sports Clinic in Columbus, Georgia, under the supervision of Tab Blackburn. He has plans to enter the Sports Medicine and Physical Therapy field upon graduation.

Charles is married to Rebecca Ellis.

Undergraduate—Richard Allen Walker Jr.

Richard is a student at Eastern Kentucky University under the supervision of Bobby Barton. Before enrolling at EKU, Richard was in the Navy for eight years reaching the rank of Petty Officer 1st Class/E-6.

He has a 3.6 GPA in Physical Education and Health/Athletic Training and spends his summers working in the minor league system of the Cleveland Indians.

After graduation, Richard wants to work in the professional ranks.

Richard is married to Elaine Walker.

Richard and Charles will be honored at the Student Trainer Banquet in Columbus, Ohio. The presentation of their awards of \$500 and a plaque will be made at our S.E.A.T.A. meeting in Gulfport, Mississippi.

CONGRATULATIONS! DISTRICT NINE IS PROUD TO HONOR YOU.

**1987
SOUTHEAST ATHLETIC TRAINERS ASSOCIATION
MEETING**

July 8 - 11, 1987

PRE-REGISTRATION FORM FOR HOUSING
AND MEALS

NAME: _____

ADDRESS: _____

PHONE: STREET CITY STATE ZIP
 WORK _____ HOME _____

CATEGORY: CERTIFIED _____ STUDENT _____

PLEASE CHECK THE APPROPRIATE CATEGORIES:

- I will need lodging for myself on the USM Gulf Park campus \$14.00 per night. Two per room/4 per suite.
- I will be staying at the Ramada Inn - \$38.00 Double - and will make my own reservation.
- I will need family housing on the USM campus. Family housing will be in Elizabeth Hall (4 Bed Suite). Children over 16 will be charged \$14.00 per night.
- My roommate preference is (list up to 3 persons)

** Early reservations will help assure your choice of accommodations; rooms will be reserved on a first-come first-serve basis. When all lodging on campus has been used, overflow lodging will be arranged at the Ramada Inn in Long Beach, MS, at \$38.00 per night for a double.

FOOD SERVICE INFORMATION

Meeting fee includes lunch on Thursday and Friday. You may purchase a meal ticket for breakfast on Thursday, Friday and Saturday for \$3.75 per meal at registration.

- I will purchase a meal ticket at registration for breakfast. \$3.75 per meal at registration.
- I will purchase a meal ticket for my family at registration. Children under 10 may purchase a child's plate for \$3.00 per meal.
 - Wife or Husband (Breakfast-\$3.75 - Lunch-\$4.50)
 - Number of children over 10 (Price same as above)
 - Number of children under 10 (\$3.00 per meal)

PAYMENT ARRANGEMENTS

FOOD SERVICE AND LODGING--Please do not send any pre-payment for food service or lodging. Payment for these services should be made at registration. Check, VISA, and MasterCard are accepted.

Registration Fee: \$51.00. Includes lodging at U.S.M. Gulf Park Campus for Wednesday, Thursday, and Friday. Lunch on Thursday and Friday and may other extra's.

ARRIVAL INFORMATION

- Arriving at New Orleans Airport: Airline _____
Flight No. _____ Arrival Time _____ AM/PM
Date: _____
- I plan to use the Coastliner Limousine Service. (Be sure to make reservations as specified in ARRIVAL SPECIFICS).
- Arriving at New Gulfport Airport: Airline _____
Flight No. _____ Arrival Time _____ AM/PM
Date: _____
- I will arrive by car. Arrival Time_____ Date_____
- I plan to arrive of the Gulf Coast early and would like lodging on campus. Date of Arrival:_____
Number in party_____.
Names of those in party_____

RETURN THIS FORM TO: CONFERENCES DEPARTMENT
 USM GULF PARK
 LONG BEACH, MS. 39560
 PHONE: 601-865-4535

MAKING ARRANGEMENTS FOR S.E.A.T.A. DISTRICT MEETING

The University of Southern Mississippi Division of Lifelong Learning is working with the Southeast Athletic Trainers Association Committee in coordinating logistics for the S.E.A.T.A. District Meeting scheduled for July 8-11, 1987, at the U.S.M. Gulf Park Conference Center in Long Beach, Mississippi. This promises to be a very interesting and productive meeting.

The U.S.M. Conference Center site is one of the most picturesque locations along the Gulf Coast. The beautiful campus overlooks the shimmering Gulf of Mexico with its twenty-six miles of white sand beaches. The "Friendship Oak" is a live oak located next to the Hardy Hall Conference Center and is almost 500 years old and attracts visitors year-round. Its descriptive marker notes "Those who enter my shadow will remain friends through all their lifetime".

Lodging

The U.S.M. Conference Center has accommodations for 210 people. Linens and maid service are provided. Double occupancy in all rooms has been arranged so please indicate your roommate preference, if any, on the enclosed pre-registration form. Family housing will also be provided in Elizabeth Hall, 4 bed/suite. Room rates are \$14.00 per night, per person. Children under the age of 16 stay free. All lodging is centrally located to both meeting and eating facilities. If you wish to arrive early on the Gulf Coast, limited lodging will be available. Please indicate your plans for arrival on the enclosed form.

A large turnout for the meeting is anticipated. If overflow lodging is required latecomers will be lodged at the Ramada Inn in Long Beach, less than 1 mile from the campus. The charge for this lodging is \$38.00 per night for double occupancy. If you wish to stay at the Ramada Inn, you may make your individual reservations by calling (601) 864-8811 and specify that you will be with the S.E.A.T.A. Meeting. The University will provide scheduled van shuttle service to and from the campus for these attendees.

Meals

Meals on the campus are available for all S.E.A.T.A. participants and their families. For participants the cost of your lunch on Thursday and Friday is included in the lodging and meal registration fee. You may purchase a meal ticket at registration for breakfast on Thursday and Friday is included in the lodging and meal registration fee. You may purchase a meal ticket at registration for breakfast on Thursday and Friday for \$3.75 per meal. Please indicate this on the enclosed form. Meals can also be purchased for families. Please indicate this on the enclosed form also.

If you need to be reached while attending this meeting, the daytime number is (601) 865-4535. The evening emergency number is (601) 865-4586 (the Housing Manager) or (601) 865-4519 (the 24 hour campus security office).

Wed. 7/8 - Pat O'Brian's Cocktail Party

Serving the famous Pat O'Brian's Hurricanes. Piano Music to create that special atmosphere found only in Pat O'Brian's Piano Bar. A real time set aside for visiting displays.

Thurs. 7/9 - Cajun Fun Night

Everthing Hank Williams sang about. Jambalaya, Live Cajun Music, Crawfish Pie. "Everyone will pass a good time"

Fri 7/10 - Beach Party

Featuring Boiled Shrimp Dinner and Beach Boys Music. Everybody but Frankie Avalon and Annette Funicello.

Sat. 7/11 - Real Dixieland Jazz Breakfast

Beignets, Cafe' au lait, and a real Dixieland Band. Best and biggest fun breakfast to send everybody home in a festive mood.

Meeting location will also feature many tourist attractions of the Mississippi Gulf Coast. It all promises to be a fun meeting.

For more details, contact Bob Goodwin.

Office - (504) 549-2253.

Home - (504) 567-5526.

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S.E.A.T.A. 1987

It's a Boy!
Kurt Anthony Sutton
April 28, 1987



1987 SOUTHEAST ATHLETIC TRAINERS ASSOCIATION SUMMER MEETING

Thursday, July 9, 1987

- 7:30 - 8:45 A.M. Exhibits Open - Breakfast Served
- 8:00 - 8:45 A.M. Registration Continues
- 8:45 - 8:50 A.M. Welcome to the 1987 S.E.A.T.A. Meeting
- 8:50 - 9:00 A.M. Introduction of Exhibitors
- 9:00 - 10:00 A.M. "Locus of Control"
Dr. Billy Slay, Ph.D.
Chairman, Coaching and Athletic
Administration
University of Southern Mississippi
- 10:00 - 10:30 A.M. "Aquatic Rehabilitation"
Cheryl Fuller
Louisiana State University
- 10:30 - 11:00 A.M. Break - Visit Exhibits
- 11:00 - 12:00 Noon "Tricks the Old Man Taught Me"

Friday, July 10, 1987

- 7:30 - 8:30 A.M. Breakfast Served — Visit Exhibits
- 8:30 - 9:00 A.M. Current Research Project
- 9:00 - 10:30 A.M. "Drug Abuse In The Medical Profession"
Dr. Bobby D. Smith, M.D.
Pine Grove Recovery Center
Hattiesburg, Mississippi
- 10:30 - 11:00 A.M. Break — Visit exhibits
- 11:00 - 11:30 A.M. "Working The Injured Athlete During
Practice"
Auburn University Training Staff
- 11:30 - 12:00 Noon "Tough Times Never Last — Tough People
Do — How to Save a Buck"

<u>SPEAKER</u>	<u>CLUB/SCHOOL</u>	<u>OLD MAN</u>
Steve Bryant	University of Georgia	Warren Morris
Jim Brannon	East Tenn. State U.	Jerry Robertson
Dave Ralston	Eastern KY Univ.	Bobby Barton
Ricky Mestayer	Northeast Louisiana	Charlie Martin
Jim Gallaspie	Univ. of Southern MS	Larry Harrington
Tony Sutton	University of Florida	Chris Patrick
Billy Brooks	Atlanta Falcons	Jerry Rhea

Tom Simmons	Murray State
Susan Bryant	Cumberland College
George Camp	Middle Tenn. State Univ.
R.T. Floyd	Livingston University
Bill Edwards	Western Kentucky University

(ONE MORE SPEAKER WILL BE ADDED)

12:00 to 2:00 P.M. — Lunch — Visit Exhibits and POSTER PRESENTATIONS
(This is the only time Poster Presentations will be available).

12:00 to 2:00 P.M. — Lunch — Visit Exhibits — Last Chance to visit Exhibits

Main Program

2:00 to 4:30 P.M.

"Stress Management and Attitude Enhancement with Athletes: What Trainers Can Do". — Billy Bowie and Dr. Philip G. Cooker, Ph.D. — University of Mississippi.

Student Trainer Program

2:00 to 2:30 P.M. — "THE N.A.T.A. AND YOU" — Bobby Barton — Eastern Kentucky University

2:30 to 4:30 P.M. — "The Ankle, Foot, and Lower Leg — Hands on Experience" — Ed. Leonard and Staff — Tulane University

TBA Social Function — Sponsored by Wayne Watson, Johnson and Johnson, and SMI - Donjoy.

Main Program

2:00 to 4:30 P.M.

"Sports Massage and Pressure Point Therapy — Hands on Experience". — Benny Vaughn and Staff — University of Florida.

Student Trainer Program

2:00 to 2:30 P.M. — "Role Separation" Chris Patrick University of Florida

2:30 to 4:30 P.M. — "Ultrasound and other Modalities — Hands on Experience" — Jack Redgren and Staff — Sports Medicine Rehab Center — Nashville, Tennessee.

4:00 to 4:30 P.M. — "Short and Sweet Business Meeting" — (It's Promised by Jerry).

THIS and THAT from HERE and THERE. . .

From our District Director. . .

I hope that everyone is looking forward to the summer of meetings both at Columbus, Ohio and Gulfport, Mississippi. For those that cannot make it to Columbus, please do not miss the District Meeting on the Beach.

Mr. Robertson, plus Mullins, Gallaspy, and Goodwin have put together a program that will inform and entertain you. Get those reservations in now and do not wait.

Please help Mrs. Sutton out and send in your early registration so that much can be done for that part of the meeting. It will help immensely in pre-planning for all.

Nothing has happened as of this writing concerning the building in Texas. It is in a waiting state at this time.

Hope that everyone has gotten their nominations in for Top Assistant and that many have applied for the N.A.T.A. and the S.E.A.T.A. scholarships.

Hope everyone has had a good spring, (my spring practice was over on March 29th). I look forward to seeing most of you this summer.

If you have any questions or opinions to express be sure and let me know. I can not read minds.

Best to all and have a good day!

Doug May

Newly Certified. . .

Maureen Brandow	St. Petersburg, FL
Diane Goldschmidt	Norcross, GA
Elizabeth Murray	Gainesville, FL
Barbara Naquin	Thibodaux, LA
Catherine Nye	Erlanger, KY
Patti Waller	Verona, KY
Charles Bigelow	Gainesville, FL

Summer Camp. . .

The University of Miami is sponsoring an Athletic Training Workshop in Advanced Training in Taping and Evaluation Techniques. It will be June 28 - July 1, 1987. For more information write:

Sherry Kimbro
Athletic Training Workshop
University of Miami
1 Hurricane Drive
Coral Gables, FL 33124

Placement Committee News. . .

Mr. Scott Belham, University of Southern Mississippi is replacing Gary Harrelson as the state placement representative for Mississippi. We wish to thank Gary for his work and say welcome to Scott.

Meetings. . .

District Nine meetings in Columbus, Ohio		
Saturday, June 13	4:30 - 6:00	Fairfield Room Hyatt Regency
Monday, June 15	4:30 - 6:00	Morrow Room Hyatt Regency

Jobs. . .

Two (2) High School Athletic Training jobs are open in Leon County, Florida.

Salary is \$6,000.00 for a 10 month contract while attending Graduate School at either Florida State University or Florida A & M.

Send resume and 2 or 3 letters of recommendation by June 15, 1987 to:

Randy Oravetz, ATC
Florida State University
Tallahassee, FL 32306

CEU'S . . .

273 District IX members have not completed their 1985-87 CEU requirement. If you are one of these people, please remember that you need to do so by this December and that there is NO PROBATIONARY PERIOD.

IMPORTANT:

Advanced Registration Form Enclosed.

Return to: Sherry Sutton
5308 S.W. 88th Court
Gainesville, FL 32608

Also:

Gulfport is on Central Standard Time. Take note of the forms for lodging, food, and arrival in Gulfport.

RESEARCH . . .

The N.A.T.A. Injury Surveillance Committee is soliciting for names of High School Trainers in our District who would be interested in taking part in another survey conducted by the NATA in the sports of Wrestling and Soccer.

If you are an interested High School Trainer or know of one, please contact:

John Powell (619) 229-2721

or

Jane Steinberg (615) 974-6485

PLEASE SUPPORT THIS VALUABLE RESEARCH!

MORE RESEARCH . . .

Each year during our S.E.A.T.A. meeting, members are continually sharing ideas, procedures, techniques, innovations in and for the profession of athletic training. Most of these conversations are among small groups of members and much of the information exchanged would be highly meaningful for the larger group. Many of these ideas have been developed through systematic data collection and observations made by the athletic trainers in the performance of their responsibilities. The accumulation of this information represents an important form of applied research.

With this in mind, the S.E.A.T.A. Conference Committee will offer a Poster Presentation Section at our District Meeting in Gulfport, MS July 1987. In order to provide organization to this session the Committee is issuing a CALL FOR RESEARCH from the S.E.A.T.A. membership.

Please submit your research by filling out the form below and we look forward to seeing you in Gulfport.

TITLE: _____

NAME: _____

ADDRESS: _____

TELEPHONE: () _____

AUDIO VISUAL NEEDS: _____

Mail to: Jim Gallaspy, A.T.C.
SS Box 5105
Hattiesburg, MS 39406
(601) 266-5577

1987 S.E.A.T.A. Student Trainer Meeting Information

The 1987 S.E.A.T.A. Student Athletic Trainer Meeting was a great success, with 297 people attending the banquet Friday night to hear Jerry Rhea speak. Over 350 participants were in attendance Saturday for the lecture format. Plans are already being formulated for next year's meeting. Ron Courson will do a presentation at the 1987 S.E.A.T.A. District IX meeting in Gulfport, MS. This will encompass a brief slide presentation and a talk on the 1987 meeting, and plans for the 1988 meeting. The tentative topic for next year has been discussed: Rehabilitation. Participants indicated on the evaluation forms that they would like to see the format expanded to a two-day program next year. An exhibition area is also being explored. Below is a list of all of the speakers and sponsors of the conference.

SPONSORS:

Samford U.	Medical and Health Resources, Inc.
Tom's Food, Inc.	UAD Laboratories, Inc.
Kontos Fruit Market	Pfizer
Radisson Inn	Pepsi
Med-Quip, Inc.	S. Highlands Hospital
Cybex	AI Sports Med. and
Ezy-Wrap	Orthopaedic Center

SPEAKERS:

Jim Angel Ph.D.	Samford U.
Mike Roberts, A.T.C.	Alabama Sports Medicine
Bobby Barton, A.T.C.	E. Kentucky U.
Doug May, A.T.C.	UT at Chattanooga
Bob Goodwin, A.T.C.	Southeastern LA U.
Donna Philpot, A.T.C.	U. of Alabama
R.T. Floyd, A.T.C.	Livingston U.
Chip Shadden, E.M.T.-A.	UT at Chattanooga
Chris Gillespie, A.T.C.	Samford U.
Robert Conner, D.M.D.	Birmingham, AL
Newton Burton, M.D.	Birmingham, AL
Joseph Zarzaur, M.D.	Birmingham, AL
George Reed, A.T.C., R.P.T.	Chattanooga, TN
Bo Watson, R.P.T.	Chattanooga, TN
Jim Gallaspy, A.T.C.	U. of Southern MS
Steve Bartlett, A.T.C.	McCallie School, Chatt., TN
Jerry Robertson, A.T.C.	E. Tennessee State U.

S.E.A.T.A. wishes to THANK all of these speakers and sponsors for their generous donations which helped to make this event such a HUGE SUCCESS!

Southeast Athletic Trainers Association

Sherry Sutton, District IX Secretary/Treasurer
5308 S.W. 88th Court
Gainesville, FL 32608