



Southeast Athletic Trainers' Association

October, 1998

Volume 4 • Issue 3

From The District Director

Sue Stanley-Green, ATC

Dear SEATA Members,

Fall is such a busy time of the year. I hope you are enjoying your jobs, your families, and are making (and taking) some time for yourselves. It is hard to believe the holidays are just around the corner. Soon it will be time to think about the SEATA Student Trainer Meeting and the SEATA District Meeting and Educational Symposium. Please make plans to attend one or both meetings. It is an education taking students to the Student Meeting. I always learned more than they did! What a great way to really get to know and enjoy your students. Our district meeting is always the place to spend time with friends and exhibitors, while learning a few new techniques or "pearls". Both meeting committees are working hard to make these meetings quality experiences. I look forward to seeing many of you in Atlanta.



There will be an election held for District Director. My term will be up a year from June. The new director will be "director elect" for a year, and will attend meetings and participate on conference calls with me. My time on the Board of Directors has been a wonderful experience, and one I will always treasure. The NATA is at a crossroads in many ways, and to go forward we need people on the Board who are willing to work hard and to spend a great deal of time and energy contemplating the future direction of our profession. There are no easy answers. My thoughts and opinions have changed dramatically during my time on the Board. I have had to look at the whole picture of our profession, from the views of all levels and practice settings. My eyes have been opened on many issues. I encourage anyone interested, to run for this position. It has been the highlight of my professional career.

I am enjoying my new position as Head Athletic Trainer at Centre College. It has been an interesting experience being back in the trenches at a different division. I am trying very hard to take my own advice and keep family as the priority, and the job in the proper perspective. I may have to fight some battles

Continued on page 5

Executive Committee

Sue Stanley-Green, ATC

District Director
Centre College
600 W. Walnut St.
Danville, KY 40422
(606)238-5497
(606) 236-6081 (fax)
stanley@centre.edu

Chuck Kimmel, ATC

District President
Austin Peay State University
Post Office Box 4515
Clarksville, TN 37044
(931) 648-6110
(931) 572-1365 (fax)
kimmelcw@apsu02.apsu.edu

MaryBeth Horodyski, ATC/L

District Secretary/Treasurer
University of Florida
149 Florida Gym
Gainesville, FL 32611
(352)392-0584 x261
(352)395-6327 (fax)
marybeth@hnp.ufl.edu

STATE PRESIDENTS

ALABAMA:

Rodney Brown, ATC
DCH Sports Medicine
1325 McFarland Blvd., N
Northport, AL 35476
(205) 333-4780
(205) 333-4776 (fax)

FLORIDA:

Frank Grimaldi, ATC
8815 Southwest 59 Terrace
Miami, FL 33173
(305) 279-7980
(305) 412-9465 (fax)
grimaldif@aol.com

GEORGIA:

Kelli Sabiston, ATC
Marietta High School
121 Winn Street
Marietta, GA 30064
(770) 429-5595
(770) 429-3151 (fax)
KBSabiston@aol.com

KENTUCKY:

Jerry May, ATC
University of Louisville
Basketball Office, SAX
Louisville, KY 40292
(502) 852-0116
(502) 852-0808 (fax)
jmay502567@aol.com

LOUISIANA:

Ed Evans, ATC
Athletic Fieldhouse
Northwestern State University
Natchitoches, LA 71497
(318)357-5251

MISSISSIPPI:

Sam Morris, ATC
221 Pine Lane
Hattiesburg, MS 39402
(601)264-5490

TENNESSEE:

David T. Green, ATC
Tennessee Tech University
P.O. Box 5102
Cookeville, TN 38505
(931)372-3934
(931)372-3964 (fax)
DTGreen@ntech.edu

From The District President

Chuck Kimmel, ATC

Dear SEATA Members,

It is hoped that your Fall is going good for you. It is an exciting time of the year for most of us.

Please find in this Newsletter information about the 1999 SEATA Student Athletic Trainer Workshops in Atlanta, Georgia. Jim Gallaspy, R.T. Floyd, and Bob Goodwin are all working hard to make sure that both the Modalities Program and the Competencies Program will be the best they possibly can be. MaryBeth Horodyski will, as always, do a superb job with registration. The weekend should provide for an outstanding opportunity for both student and certified athletic trainers to learn more about our profession. The faculty for both programs is excellent and it will be a treat to hear their various presentations. Please encourage each student athletic trainer that you encounter to plan to attend one of the Workshops. SEATA continues to be a leader nationally in the education of its student members. Remember to call Connections at 800/262-9974 to make hotel reservations.

With the student workshops on the horizon, it means that the SEATA Annual Member's Meeting and Clinical Symposium cannot be far behind. The packets will come out at the end of the year. Although the SEATA Research and Education Committee co-chaired by J. C.

Andersen and Gary Harrelson are making plans for the meeting, if you have any suggestions about the program or any other facet of the Symposium, please feel free to contact me. Your input is both welcomed and appreciated.



Please note SEATA's Corporate Partners listed in this Newsletter. They along with all our other supporters make a substantial financial commitment to our Association and anything you can do to either thank them or support them is greatly appreciated.

It is also the time of year for both award and scholarship nominations. Each of us owes it to our colleagues and students to seek recognition on their behalf for jobs well done. Please consider whom you know that would be worthy of either an award or scholarship. There are additional awards and scholarships being awarded in 1999 but we must hear from you! Please contact Crandall Woodson for awards and Andy Plemmons for scholarships. They and their committees are anxious to recognize worthy and deserving athletic trainers!

Kelli Sabiston, Georgia State President, has agreed to further refine the SEATA Committee guidelines. As you may recall, Jim Gallaspy established SEATA Committees to mirror many of the NATA Committees with representation from each state. With this has come the need to set up guide-

lines for the committees to include length of term, total terms that can be served, etc. If you have questions and/or suggestions, please contact either Kelli or myself. She will report her committee's recommendations to the Executive Committee at the March 1999 Meeting.

Finally, I would like to recognize Scott Gardner for all the hard work he has done for SEATA in both establishing and maintaining our web page. He has done an outstanding job and we all should be proud of the product he put out representing and informing each of us. He has, as they say, moved to greener pastures. District IX's loss is truly District IV's gain and we will miss his expertise and insight. Scott, though, is just one example of the countless members of SEATA who give of their time and talent to support our totally volunteer organization. Every member's contributions are both welcomed and appreciated!

Until we meet again, I sincerely hope that your coming days are good to you and that you will feel comfortable contacting me if there is anything that I can do for you.



From The District Secretary/Treasurer

MaryBeth Horodyski, ATC

As I am sure you can tell from the Director's and President's letters many things have been taking place within SEATA. I do not have any

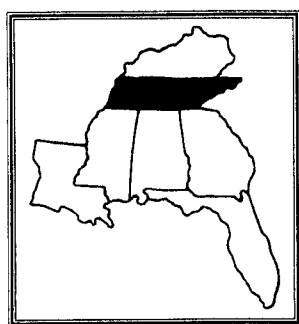
executive minutes to report in this newsletter due to the fact that the executive committee has not had a formal meeting since the June 1998 meeting. However, I do need to pass on informa-

tion regarding upcoming elections within SEATA. We will be having elections for the position of District Director next spring. Nominations are to be made in writing to the Secretary of SEATA. A short biographical sketch will be printed in the Spring Newsletter. The nominations will be voted on by the eligible voting members of the district by a mail vote. If you have further questions regarding this process, please feel free to contact me.

STATE REPORTS

TENNESSEE

David T. Green, ATC
(931) 372-3934 • (931) 372-3964 (fax)
DTGreen@tntech.edu



Iwould like to remind all of the Tennessee Athletic Trainers society members

about our upcoming Eighth Annual Meeting at David Lipscomb University in Nashville. The date is Sunday, January 17, 1999. Some of the topics will be on Creatine, Automatic External Defibrillators, and High School Athletic Training Programs. You can gain approximately .6 CEU's. If you would like to attend the annual meeting please contact Dr. David Adams at 615/269-1000 ext. 2464 or call Mark Parsons at 615/443-6818 for more information.

I would also like to remind our TATS members that we need nominees for our annual awards and nominees for our undergraduate and graduate scholarships. For the annual awards please contact Mark Parsons and the scholarship information contact Alan Overby at the same number as Mark. Please get your nominations and scholarship applications in as soon as possible. THANKS

ABSTRACTS REQUESTED FOR THE 1999 SEATA ANNUAL MEETING

SEATA Research Seminar
Southeast Athletic Trainers' Association Annual Meeting
18-21 March 1999 • Atlanta, GA

Reports on experimental research, injury surveys, case studies, or other research projects that are pertinent to the practice of athletic training are welcomed from athletic trainers, physicians, physical therapists, exercise physiologists, biomechanists, educators, or other professionals. Submitted abstracts will undergo a blind review. The deadline for submission of abstracts is 8 January 1999.

Submit abstracts according to the following directions:

1. The abstract is limited to 400 words and must be typed, single-spaced, on a single page with 1" margins. The abstract should follow the structured format utilized by the Journal of Athletic Training. Components of a structured abstract differ by the type of presentation but should include: Original Research: Objective, Design and Setting, Subjects, Measurements, Results, and Conclusions; Case Reports: Objective, Background, Differential Diagnosis, Treatment, Uniqueness, and Conclusions.
2. Type the title of the paper or project in all CAPITAL letters on the left margin.
3. On the next line indent 3 spaces and type the names of the all the authors, with the presenting author listed first. Type the last name, the first name, followed by a comma; continue with the other authors(if any) ending with a colon.
4. Indicate the institution where the research was conducted on the same line following the author(s) name.
5. Forward a cover letter that includes the presenter's mailing address, city/state/zip, work phone, fax, and e-mail address. Also include an original copy of the abstract and eight (8) blind copies of the abstract that do not indicate any information concerning authors or addresses.
6. Indicate any preference for oral vs. poster presentation. Abstracts will be reviewed and the author's stated preference will be considered in the process of assigning presentation style.
7. If accepted for presentation, the original abstract will appear "as is" in the conference textbook. Be sure to carefully check for spelling and grammatical error before submitting the abstract for careful consideration.
8. Forward all materials to:

Gary Harrelson, EdD, ATC

Manager, Educational Services and Technology
DCH Regional Medical Center • 809 University Blvd • Tuscaloosa, AL 35401
(205)750-5354 • gharrelson@dchsystem.com

COMMITTEE REPORTS

Exhibits Committee

David T. Green, ATC

(931) 372-3934

(931) 372-3964 (fax)

DTGreen@ntech.edu

We will soon be sending out information concerning the 1999 SEATA Annual Meeting and Clinical Symposium to all potential attendees including potential exhibitors. If you have a new representative that may be calling on you and your company, university or high school, PLEASE check with them and ask if they know about the 1999 meeting. If they do remind them to register early and if they are not aware of the annual meeting have them contact me or give them my

address and phone number. Your cooperation in this matter is greatly appreciated. The more exhibitors and partner program participates the better the meeting will be as these companies help in funding the programs, lectures, and social gatherings.

Please support our exhibitors as they help in making our SEATA Annual Meeting and Clinical Symposium the great success that it has become. If anyone has any companies or leads, please have them contact me at:

David T. Green, ATC

Head Athletic Trainer

Tennessee Technological University

P.O. Box 5102

Cookeville, TN 38505

(931) 372-3934

(931) 372-3964 (fax)

DTGreen@ntech.edu

Honors and Awards Committee, SEATA

Crandall Woodson, ATC

(404) 894-2529

(404) 894-2091 (fax)

Three new awards will be presented during the Tim Kerin Memorial Awards Banquet at our next District meeting. Our membership continues to make the profession more visible to the public. These additional awards allow us an opportunity to honor athletic trainers involved in other areas.

College/University Athletic Trainer Award

This award will recognize an athletic trainer at the college/university level for service to the institution as well as the community.

Clinical/Corporate Athletic Trainer Award

We will honor an athletic trainer that has represented our profession well in a clinical, industrial, or corporate environment.

Professional Athletic Trainer Award

This honor will recognize an athletic trainer associated with a professional sports team.

SEATA Awards

- Award of Merit
- Sportsmedicine Person of the Year
- District Award
- Backbone Award
- High School Athletic Trainer
- Clinical/Corporate Athletic Trainer
- College/University Athletic Trainer
- Professional Athletic Trainer

Nominations for SEATA Awards should be made to your state representative.

SEATA SCHOLARSHIPS AVAILABLE

The SEATA Scholarship Committee would like to announce that an additional scholarship category has been added. It will be identified as the Family Scholarship Program.

Any certified member who has a dependant enrolled in a college or university may be eligible for a \$500.00 scholarship to assist in the support of their student.

TO QUALIFY:

- The applicant's dependant must be at least a junior in academic standing.
- The applicant's dependant must have a GPA of "B" or above.
- The applicant's dependant must NOT be on full scholarship.
- The parent must have been a certified member with SEATA for a minimum of five years.

The Graduate Memorial and Undergraduate Memorial Scholarships

are also available at this time in the amount of \$1,000.00 each. Do not hesitate to apply if you are eligible.

TO QUALIFY:

- An undergraduate applicant must be entering their Junior or Senior year for the 1998 Fall term; a graduate applicant must have at least completed their Bachelors Degree while continuing studies during the 1998 Fall term.
- Have a GPA of 3.0 on a 4.0 scale.
- Must not be on full scholarship at the time of acceptance.
- Must be a student or certified member of SEATA.

Applications may be obtained by sending a written request to:

UAB Sports Medicine Clinic
C/O Andy Plemmons, ATC
1600 7th Avenue South, Suite 402
Birmingham, AL 35233

- **Alabama-** Bill McDonald
205/348-3663
- **Florida-** Mike Estes
813/974-3506
- **Georgia-** Crandall Woodson
404/894-2529
- **Kentucky-** Tom Steltenkamp
502/585-4571
- **Louisiana-** Gerard White
504/448-4810
- **Mississippi-** Michael Wilkinson
601/354-4488
- **Tennessee-** Rick Baker
800/251-8200 ext. 5656

Honors and Awards Committee, NATA

The NATA Honors and Awards Committee is looking for membership assistance in the identification and sponsorship of the qualified candidates in our state association. The three awards for Athletic Trainers include the NATA Service Award (eligible with 15 years certified membership), Most Distinguished Athletic Trainer Award (eligible with 20 years certified membership) and Hall of Fame (eligible with 25 years membership). Application forms can be requested by calling Barbara Niland at the NATA (1-800-879-6282) or e-mail Barbara Niland at (barbaran@nata.org) or by contacting the NATA web site at (www.nata.org). Applications for Honorary member and President's Challenge Award can be obtained using the same process.

Public Relations Committee

Al Green, ATC
(606) 223-8972
(606) 224-7047 fax

The NATA Public Relations Committee has expanded to include district representation. The committee is also heading in a new direction to meet the needs and requests of the membership. Along with increasing the size

of the committee, the NATA has also hired an "in house" person, Ellen Satlof, to work specifically on public relation efforts. It will be Ellen's job to work with the committee and our public relations firm to help implement the NATA Public Relations campaign.

The contract with our present PR firm is up. Members of the committee recently met in Dallas to select a new firm that will best suit the needs of the NATA membership. The search was narrowed to four firms, each very capable of handling the NATA account. A recommendation from the committee was made, and the announcement of the new firm is pending the negotiations.

In order for any public relations campaign to be successful, we each must do our part. I feel the NATA membership will be excited about the new direction public relations is taking. SEATA has formed a Public Relations Committee. The committee is made up of the public relation chair from each state. One of our goals is to help implement the NATA program in District 9 and in each of our states.

We must applaud the efforts of outgoing Public Relations Chair, Kevin O'Neil. Kevin was instrumental in changing the direction and make-up of the committee. Because of Kevin's vision of public relations, the NATA will be better positioned to meet the needs of the profession. Jerry Koloskie, the new PR chairperson, will do an excellent job in moving the committee forward.

I will be reporting on the public relations efforts in each newsletter. The NATA News will also carry information on the committees progress. In the months to follow, you will see our efforts paying off. If you have any suggestions or questions, please contact me.

**The members of
SEATA
would like to thank
our corporate
partners.**

**President's Partners:
Hugston
Pro**

**Executive Partners:
Microbiomedics
Active Ankle
Ken Young**

From The District Director

Sue Stanley-Green, ATC

Continued from page 1

to make that happen, but I am determined to do that for my family and myself and also for the athletic trainers of the future. Please note my address change. I am anxious to hear your thoughts and ideas.

The Board of Directors will be meeting in December. I will be reporting on that meeting in our next newsletter.

Our best wishes and prayers are with two very good friends of SEATA, Steve Moore and Moose Detty, who recently suffered strokes. We are thinking of you!

Take Care of You!

Sue Stanley-Green
SEATA District Director

1999 SEATA Student Athletic Trainer Workshop

Southeast Athletic Trainers' Association

The annual Southeast Athletic Trainers' Association Student Athletic Trainer Workshop will be held in Atlanta, Georgia on February 19 and 20, 1999. The meeting coordinators, Jim Gallaspy, R.T. Floyd, and Bob Goodwin have done an outstanding job preparing for the workshop. The topic for the clinical portion is "Basic Science: Modalities and Treatment." Along with this, SEATA will also have the "Clinical Competencies Workshop." Please remember the enrollment for the Competencies Workshop is limited. Please get your materials to Dr. MaryBeth Horodyski, ATC/L at an early date to insure yourself the opportunity to participate.

Clinical Symposium

"Basic Science: Modalities and Treatment"

Atlanta, Georgia

February 19-20, 1999

Friday, February 19, 1999

9:00- 12:30	Registration
12:30- 1:00	Welcome Mr. Jim Gallaspy, ATC/ Mr. Bob Goodwin, ATC
1:00- 1:30	Tissue Healing Mr. Mike Dillon, ATC
1:30- 2:00	Tissue Inflammation Mr. Ray Castle, ATC
2:00- 2:45	Modalities: Positioning in the Overall Treatment Plan Dr. Ben Velasquez, DA, ATC
2:45- 3:05	Cryotherapy Mr. Chuck Kimmel, ATC
3:05- 3:25	Thermotherapy Dr. Gary Harrelson, PhD, ATC
3:25- 3:40	Break
3:40- 4:15	Laboratory #1 (Groups A & B) Mr. Bob Goodwin, ATC
4:15- 4:20	Return to General Session
4:20- 5:35	Electrical Modalities: Session #1 Mr. Mark Weber, PT, ATC
5:35- 7:30	Dinner break
7:30- 8:00	Phonophoresis and Iontophoresis Mr. Kyle Eubank, ATC
8:00- 8:10	Break of Laboratory Session #2
8:10- 8:45	Laboratory Session #2 Mr. Bob Goodwin, ATC

Saturday, February 20, 1999

7:00- 8:00	Continental Breakfast
8:00- 8:30	Documentation of Records Dr. Don Fuller, PhD, ATC
8:30- 10:00	Electrical Modalities: Session #2 Mr. Mark Weber, PT, ATC
10:00- 10:30	Intermittent Compression Mr. Doug May, ATC
10:30- 10:45	Break
10:45- 11:00	Modalities Update: What is on the horizon?
11:00- 11:10	Break for Laboratory Session #3
11:10- 11:45	Laboratory Session #3 Mr. Bob Goodwin, ATC
11:45- 1:15	Lunch/Speaker (Denise Fandel, ATC)
1:15- 2:00	Manual Therapy Ms. Connie Peterson, ATC
2:00- 2:30	Pool Therapy Mr. Crandall Woodson, ATC
2:30- 2:45	Break
2:45- 3:15	Traction Mr. Jeff Alan, ATC
3:15- 4:00	Ultrasound Mr. Ron Courson, ATC
4:00- 4:10	Break of Laboratory Session #4
4:10- 4:45	Laboratory Session #4 Mr. Bob Goodwin, ATC
4:45- 5:00	Closing Remarks

SOUTHEAST ATHLETIC TRAINERS' ASSOCIATION

1999 STUDENT ATHLETIC TRAINER SYMPOSIA

FEBRUARY 19 and 20, 1999 • MARRIOTT NORTH CENTRAL • ATLANTA, GEORGIA

The 1999 annual Southeast Athletic Trainers' Association Student Athletic Trainer Symposia will be held in Atlanta, Georgia on February 19 and 20, 1999. The topic for this year's clinical portion is "Basic Science: Modalities and Treatment." Along with this, SEATA will also have the "Clinical Competencies Symposium." On-site registration and packet pick-up for both Symposia will take place in the lobby of the Marriott North Central from 9:00 a.m. until 12:30 p.m. on Friday, February 19, 1999. Both Symposia will end at 5:00 p.m. on Saturday, February 20, 1999. SEATA is very fortunate to have Denise Fandel, ATC as our luncheon speaker. Denise is the Administrator for Credentialing Programs with the NATABOC.

Please remember, the enrollment for the Competencies Symposium is limited to 200 participants, so get your registration materials mailed at an early date to insure yourself the opportunity this presents to prepare for your upcoming certifying examination. To qualify for the pre-registration form **must be postmarked on or before February 1, 1999.** After that date and on-site in Atlanta, the registration fee will be \$55.00 for the student athletic trainer symposia. There will be no C.E.U.'s awarded to certified athletic trainers attending the Symposium.

The Marriott North Central is the host hotel for the 1999 Symposia in Atlanta, Georgia. The room rate is \$69.00 for 1-4 people. The Marriott North Central is located at 2000 Century Center Blvd. in Atlanta. Make your reservations **now** by calling Connections at 1-800-262-9974. If you are calling to make reservations **be sure to mention that you are with the SEATA Student Athletic Trainer Symposium.** To qualify for the group rate, reservations must be made by January 18, 1999!!

----- DETACH HERE -----
1999 S.E.A.T.A. STUDENT TRAINER MEETING REGISTRATION FORM

LAST NAME	FIRST NAME	NICKNAME	EMPLOYER/SCHOOL
-----------	------------	----------	-----------------

MAILING ADDRESS	CITY	STATE	ZIP	PHONE
-----------------	------	-------	-----	-------

I WILL ATTEND (CHOOSE ONE)

<p>_____ ** COMPETENCIES IN ATHLETIC TRAINING- (\$50.00) POSTMARKED AFTER FEB. 1, 1999 & ON SITE - (\$ 60.00) (REGISTRATION LIMITED TO 200 PARTICIPANTS)</p>	<p>_____ ** MODALITIES AND TREATMENT - (\$ 50.00) POSTMARKED AFTER FEB. 1, 1999 & ON SITE - (\$ 60.00)</p>
--	---

_____ The SAT applying on this registration form for the Competencies in Athletic Training is a senior/graduate level student athletic trainer and will be sitting for the NATA Certification Examination within the next year.

_____ The SAT applying on this registration form for the Modalities and Treatment Session is under my supervision.

_____ **CERTIFIED ATHLETIC TRAINER - (\$10.00)**

NO CEU's WILL BE PROVIDED TO ATC's

SIGNATURE OF SUPERVISING A.T.C.	NATA MEMBERSHIP #	CERTIFICATION #	PHONE #
---------------------------------	-------------------	-----------------	---------

SEND CHECKS TO: Dr. MaryBeth Horodyski, ATC/L
 149 FLG, Dept. of ESS Gainesville, FL 32608

If you have any questions, call Dr. MaryBeth Horodyski, ATC/L at 352/392-0584 x 261 or 352/395-0645

**** Signature required for all students attending either session.**

ATTENTION

All Certified Athletic Trainers:

Are you ready for the end of
the continuing education term.
The deadline for the current
term is December 31, 1999.

Don't Delay!

If you have completed your
continuing education for the
current term send your reporting
sheet along with proof
of CPR to the following address:

NATABOC
2952 Stemmons Frwy
Dallas Texas 75247

For questions regarding your
continuing education please
call 1-800-879-6282 ext. 110
or 111 or e-mail us at:

susank@nata.org
or
bethr@nata.org

District IX Says:

Thanks to:

PRO Orthopedic Devices, Inc.

800-523-5611

**Our membership is
extremely grateful
for the continual
contributions
MOOSE, GERRY and
THOMAS
make to the athletic
training profession.**



S.E.A.T.A.
Attn: MaryBeth Horodyski, ATC
University of Florida
149 FLG
Dept ESS, Box 118205
Gainesville, Florida 32611

BULK RATE
U.S. POSTAGE
PAID
GAINESVILLE, FL
PERMIT NO. 62