



# Southeast Athletic Trainers' Association Newsletter



Volume 13, Issue 1

January 2007

## 32<sup>nd</sup> Annual SEATA Clinical Symposium & Members Meeting

- ◆ **March 22-25, 2007**
- ◆ **Franklin Marriott  
Cool Springs**
- ◆ **Franklin, TN**

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## News from the District Director, R.T. Floyd

I hope the holidays were safe and enjoyable for everyone and that you are off to a productive and rewarding start for 2007. I am confident that the new year will provide us with many challenges as well as some adversity, but also some opportunities. By working together and maintaining site of the ultimate goal that we all share of improved patient care we can turn these challenges and adversities into opportunities to improve our profession. Please join me in making a difference for tomorrow by doing a little something extra related to athletic training on daily basis.

As we work together toward making a difference for tomorrow, we must be mindful of the issues and people that brought us this far. In this newsletter, you will note at least three items related to celebrating and remembering our past. I encourage you assist John Anderson and his committees in their work on the History and Archives and the Memorial Resolutions. There will never be a better opportunity than today to capture our history. Also, we have a great opportunity to celebrate our heritage as we honor our District IX NATA Hall of Fame members with induction into the SEATA Hall of

Fame. I trust that you all will make every effort to attend the 32<sup>nd</sup> Annual SEATA Clinical Symposium and Members Meeting in Franklin, Tn. on March 22-25, but if for some reason, you can not attend the entire event please join us for the induction ceremonies at the Tim Kerin Honors and Awards Banquet and the Hall of Fame reception on Saturday, March 24.

As we work together to meet the challenges and opportunities of tomorrow I encourage your involvement in some capacity such as volunteering, writing letters to your congressman, committee service, attending professional meetings, nominating members for awards, serving as a speaker, educating the public, supporting the NATA Research and Education Foundation and contributing to the NATAPAC (if it pertains to your level of membership).

For those of you involved in the collegiate setting I encourage you to review the CUATC Awards Guidelines and nominate deserving members accordingly by the March 20 deadline.

Your NATA Board of Directors took action in our December meeting to trim the budget by approximately 1.1 million.

*(Continued on page 3)*

## News from the President, MaryBeth Horodyski

I hope this newsletter finds all of you enjoying the new year. Plan to attend the **32<sup>nd</sup> Annual Clinical Symposium and Members Meeting on 22-25 March 2007**. The meeting will be at a **new site in Franklin, TN**. Carl Mattacola, PhD, ATC and Monique Butcher Mokha, PhD, ATC, co-chairs of the Research and Education Committee have been working hard with their committee members to put together an excellent meeting. Marisa Brunnett, SEATA Vice-President, has been working to ensure the logistics of the meeting are handled. We will be welcoming our first members of the newly formed

SEATA Hall of Fame. Many thanks to Jim Gallaspy and his committee members for planning this special event. I encourage you to register early to attend the SEATA 32<sup>nd</sup> Annual Clinical Symposium and Members Meeting.

An important action taken by the SEATA Board in October was to approve a \$7,000 budget to be used by the states to send SEATA members from each of our seven states to Capitol Hill Day on Monday, 26 February 2007. SEATA will be well represented on Capitol Hill Day. The following members will be traveling to Wash-

*(Continued on page 2)*

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**News from the Secretary, Lori Groover**

The minutes from the SEATA Executive Board Conference Calls in September, October, November, and December of 2006 have been approved and added to the SEATA website respectively at the links below.

All minutes are accessible via the links on the SEATA Organization Info web page,

[www.seata.org/OrgInfo.htm](http://www.seata.org/OrgInfo.htm).

Pdf versions of the minutes are also available in the same location.

- <http://www.seata.org/archives/2006/SEATAExecBoardCC9-7-06.doc>
- [http://www.seata.org/archives/2006/SEATAExecBoardCC10-12-](http://www.seata.org/archives/2006/SEATAExecBoardCC10-12-06.doc)

[06.doc](http://www.seata.org/archives/2006/SEATAExecBoardCC11-16-06.doc)

- <http://www.seata.org/archives/2006/SEATAExecBoardCC11-16-06.doc>
- <http://www.seata.org/archives/2006/SEATAExecBoardCC12-14-06.doc>

**Hurricane Fundraiser Cookbook Comes to SEATA, Literally**

In the last issue we featured a story on the work of Glen Snow, ATC and Rich Carey, MA, ATC, LAT from District 4 who are continuing the fundraiser they initiated to help athletic trainers impacted by the hurricanes of 2005. Now Glen will be coming to the 32nd Annual SEATA Clinical Symposium and Members Meeting in Franklin, Tn. to make the books readily available for purchase. He has already attended the Eastern Athletic Trainers' Meeting (Districts I & II) and plans on attending the District IV Meeting. So far, he reports a tremendous response and has had to obtain additional copies from the printer. Glen expects to be providing the SEATA Executive Board with a significant contribution to be distributed to the District IX mem-

bers impacted by the hurricanes.

Glen and Rich have produced Volume I in a series of cookbooks with recipes submitted by athletic trainers from across the country. Now that first cookbook has been sent out they are working on Volume II: Tailgating and Grilling.

Please submit your favorite recipe for Grilling, Barbecuing, and/or Tailgating for Volume II.

**Format**

- Category: Appetizer; Meat, Chicken, or Fish Dishes; Side Dishes; and Desserts
- Recipe Title:
- Submitted by: Name, credentials, institution, city and state
- Ingredients: Put in list form and use the following abbreviations: pt. qt. pkg. tsp. T. oz. lb. gal. doz. sm. med. lg.
- Cooking Directions: Please

put in paragraph form

- Submit on-line to: [gsnow@activeankle.com](mailto:gsnow@activeankle.com)
- Submit by mail to: Plate - O - Pair c/o Glen Snow P.O. Box 908 New Albany, Indiana 47151-0908

Anyone who would like to purchase a cookbook should e-mail Glen Snow at [gsnow@activeankle.com](mailto:gsnow@activeankle.com)

Volume I (General Recipes) cookbooks are still available @ \$26 each (that includes shipping and handling)

Please make out and send checks or money orders to the above address. Include your name, shipping address, phone, and e-mail.

Glen Snow can be contacted at [gsnow@activeankle.com](mailto:gsnow@activeankle.com) or 812-258-0663.

**News from the President, MaryBeth Horodyski** (continued from Page 1)

ington, DC: Donna Wesley (MS), Mike Wilkinson (MS), Stephanie Lennon (FL), Marisa Brunett (FL), Jerry Stevens (FL), Scott Cochran (LA), Mike Dawson (LA), Ross Davis (GA), Wayne Kendrick (AL), Heloise Jones (AL), Larry Mullis (GA), Scott Byrd (TN), Tim Colbert (MS), Kent Chapman (KY), Emily Carter (KY), and Evert

Siebert (KY). Additionally, two athletic trainers from Indiana (Joel Langemaat, David Wolfe) will be traveling with our members from Kentucky. We thank our SEATA members for taking time out of their busy schedule to attend this very important function.

I encourage you to promote our profession. Please

contact members of the SEATA Executive Board with your ideas and suggestions. See you in March in Franklin, TN!

Sincerely,  
MaryBeth Horodyski, EdD,  
ATC, LAT

## News from the District Director, R.T. Floyd (continued from Page 1)

This need to trim the budget provided us an opportunity to carefully take a look at several programs, services, and activities and then to make adjustments accordingly. These decisions, while necessary, are not always easy to make but are essential if we are to be good stewards of your professional association. I ask that you take

some time to review these in the minutes on the list serve and website and forward any questions or concerns that you may have. I believe that you will be supportive when you consider these from the overall perspective. At the same time we are making positive adjustments to improve our member services in order to give you

the best value for your dues.

I look forward to seeing each of you at our meetings in Franklin and Anaheim. Best wishes in your spring endeavors.

Sincerely,  
R.T. Floyd, EdD, ATC

## College & University Athletic Trainers Committee

Nominations are now being accepted for the three honors awarded annually by NATA's CUATC:

- College Athletic Trainer of the Year
- Assistant Certified Athletic Trainer Award
- Above & Beyond Award

Awards are given to the top candidates in DI, DI-AA, DII, DIII, NAIA and Commu-

nity/Junior college settings. Recipient athletic trainers will be honored by the committee at its educational session during this year's Annual Meeting in Anaheim. Winners' names will also be published in the NATA News.

If you know of a worthy individual (or two...or three), please nominate him/her/them to receive this prestigious honor. Review the award cri-

teria and access the nomination form by logging on to the Member's Only section of the NATA Web site, then going to [http://www.nata.org/members/committees/cuatc/award\\_criteria.cfm](http://www.nata.org/members/committees/cuatc/award_criteria.cfm). Nomination forms must be received by March 20, 2007. Go to [http://www.nata.org/members/committees/cuatc/Award%20Nomination%20Form\\_07.pdf](http://www.nata.org/members/committees/cuatc/Award%20Nomination%20Form_07.pdf) for the nomination form.

## College & University Athletic Training Student Committee

**Student NATA Members: New, Free Online Resource Just For You**

If you haven't already signed on to CHATS, go to <http://www.nata.org/members/chats/>

## History and Archives Committee

Memories of our rich heritage are slipping away day by day. Preserve the past for our future generations. I need

all of your help in District 9 - please send me the History of the Clinic or School at which you are employed - we need

this very important information for our History & Archives - email to John H. Anderson at [athtrain@troy.edu](mailto:athtrain@troy.edu).

## Memorial Resolutions Committee

Please send all pertinent information to John H. Anderson at [athtrain@troy.edu](mailto:athtrain@troy.edu) of any SEATA member's recent death. We are also in the

process of updating the SEATA Memorial Resolutions web page at <http://www.seata.org/memorial.htm> with the addition of some information from the

NATA and any other sources. If you should have further information or pictures where we may be lacking them, please forward them.

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## NATA Research & Education Foundation Deadlines & Dates

- **Feb. 10, 2007:** NATA Research & Education Foundation [Scholarships applications](http://www.natafoundation.org/scholarship.html#download) due (postmarked), [www.natafoundation.org/scholarship.html#download](http://www.natafoundation.org/scholarship.html#download)
- **Feb. 15, 2007:** NATA Research & Education Foundation [General Research Grant](http://www.natafoundation.org/grants/GeneralGrantIPP04.pdf) applications due. [Pre-Proposal Submission Form](http://www.natafoundation.org/grants/GeneralGrantIPP04.pdf) required, [www.natafoundation.org/grants/GeneralGrantIPP04.pdf](http://www.natafoundation.org/grants/GeneralGrantIPP04.pdf) and <https://secure.e-builders.net/forms/2003PrePropSubInfo.htm>
- **March 1, 2007:** NATA Research & Education Foundation [Doctoral Research Grant](http://www.natafoundation.org/grants/DoctoralGrant3PP704.pdf) applications due, [www.natafoundation.org/grants/DoctoralGrant3PP704.pdf](http://www.natafoundation.org/grants/DoctoralGrant3PP704.pdf)



## Public Relations Committee

The NATA PR Committee met 1/20-1/21 in Tampa, FL. The NATA/Athletic Trainer's had a great year in regards to PR articles, news briefs, and TV spots featuring AT's. Recently the NEW YORK TIMES ran a great article on "Industrial Athletes': Men with the Goods" which was picked up all across the country by other local newspapers and NYT affiliates. The committee discussed the absolute need for our members to continue with grassroots education and PR in their communities and work places and to pass on any type of PR ac-

tivities happening in your area to your District Representative.

This year's NATM theme is "Quality Health Care and Wellness" and the NATM poster was included in the January NATA NEWS. We would like to have all states participating in activities to recognize NATM and continue to educate our public as we reintroduce our federal legislation. Contact your state PR representatives (see [www.seata.org](http://www.seata.org)) to let them know of activities you will be doing in your schools, colleges/

universities, and workplaces in your communities. The NATA PR Committee will again be having a NATM Contest for the Most Creative, Grassroots, State Association and Greatest Impact Awards. Let's bring at least one of these PR awards back to SEATA! Take the NATM poster out of your newsletter and display it where you know it will generate questions and discussions within your communities!

Marisa Brunett, MS, ATC, LAT  
SEATA PR Chair

## Research and Education Foundation

### One-Day Summit "Advancing Outcomes of Care in Athletic Training Summit: A Road Map for the Future"

May 18, 2007  
Embassy Suites Hotel  
DFW Airport South  
Dallas, TX

Fellow Professionals:

The NATA and NATA Foundation are proud to offer a one-day summit that will serve as a catalyst for conducting athletic training outcomes research in a systematic and directed manner. The NATA has provided one million dollars to fund athletic training outcomes research for the next three years, beginning in 2007. The purpose of the Summit is to: (a) identify athletic training outcome areas that will be funded, (b) identify outcome measures important to advancing athletic training clinical practice, and (c) provide information about the application process and deadlines for submitting pre-proposals and grant applications. Registration to attend the Summit will be limited to 30 participants and is required by March 15, 2007. No more than two individuals from the same institution or organization may register for the Summit. For more information about and to register for the Summit, please contact the NATA Foundation at 1-214-637-6282, Ext. 142. We look forward to seeing you on May 18, 2007!

Sincerely,

Chuck Kimmel, ATC  
President  
NATA

Michael R. Sitler, EdD, ATC  
President  
NATA Foundation

### SEATA Members receive Osternig Master's Research Grants funding

The NATA Foundation Board of Directors on December 18, 2006 approved a total

of \$3,871.15 for master's grant funding. One of these grants in the amount of \$1,000.00 was awarded to **Charles Emerson, BS, ATC** and **Dawn M. Minton, BS, ATC** of Florida

International University for their study entitled "The Effects of Hypohydration, Hyperthermia, and Electrolyte Depletion on Exercise-Associated Muscle Cramping"

## Secondary School Athletic Trainers' Committee

1. The JC Scholarship is on the website at <http://www.nata.org/cramerscholarship/>. Please pass the word throughout your state. If you know of any worthy candidates please encourage them to apply before the deadline!
2. The NATA SSATC committee has established a Sec-

ondary School value model. This "value model" is designed to serve as a template that can be used by high school ATCs to enhance their programs, situations, as well as public standing and awareness. Obviously, one benefit would be the creation of more positions in the high schools.

- (Please see related story)
3. The SSATC committee has revised its Strategies and Objectives as well as its Pre Season Guidelines. The SSATC committee felt as though some of the language needed to be changed. (Please see both related stories)

## Secondary School Value Model

### Areas of Investigation

#### Cost Analysis

The committee agreed that cost analysis and dollar value of the treatments and evaluations provided in the athletic training room of a secondary school was a factor worth investigation. However, it was noted that cost analysis within this setting could be questioned due to the increased number of treatments above and beyond what may be deemed normal within a clinical setting. The difference between the cost analysis of the treatments provided within the teacher/ATC format and the full-time ATC may be of merit. It was suggested that computer software companies marketing injury tracking systems be contacted for a list of high schools that are currently using their products. It is hoped that these schools could provide the data needed.

#### Incident vs. Time Loss

The committee recognizes that the injury data pertaining to high school athletics, currently in publication only tracks Time Loss injuries. It is widely accepted that these injuries only account for approximately 50% at best of the total number of athletes evaluated by the secondary school ATC in any given period. The committee agreed that recording all contacts with patients/athletes in extremely important. Anecdotal

evidence suggests that a minority of secondary school ATCs track all contacts. The recording of all contacts, many of which may prevent minor injuries from becoming Time Loss injuries would be helpful information to present to school administrators as to the benefits of having increased availability to athletic health care on a daily basis. It is hoped that this information may be obtained from a sample of the data bases presently kept by secondary school ATCs throughout the country. However, it is possible that further data collection would be needed to support this argument.

#### State Funding of Schools Based on Absenteeism

The committee concluded that investigating those states that fund schools based on the average daily attendance in those schools would be of benefit. It is recognized that not all states fund their schools based on this premise. Some communities within states that use the property tax system to fund education may get a very small percentage of the operating funds from the state. Ken Locker has put Russell Lowe in contact with Becky Spurlock, who will assist him with the numbers in Texas for students in class during second period. The committee discussed the need for actual data on how

many absences could be avoided by the presence of an ATC. The study could be done by an outside group and then applied to the funding numbers. Currently, a hypothetical number of student athlete absences would have to be used to apply to the financial figures in different states. An example of a valuable question to answer would be the actual time away from school that a visit to the MD or PT clinic would necessitate. It was agreed that in many cases, based on the experiences of the committee members, that student athletes may miss one period "getting" to the appointment, one period "at" the appointment and yet another period "returning" from the appointment.

#### Parental Benefits

The committee agreed that the perceptions of the parents as to the benefits of having an ATC on staff at their high schools would be valuable information. Questions such as:

- "Does having an ATC at your high school that provides rehabilitation services save you time and or money, when dealing with your child's athletic related injuries?"
- "Do these school based resources to athletic health care save you time away from work as opposed to

(Continued on page 6)

## NATA Research & Education Foundation Deadlines & Dates

- **March 15, 2007:** Registration deadline for One-Day Summit, "Advancing Outcomes of Care in Athletic Training Summit: A Road Map for the Future." Contact the NATA Foundation at 1-214-637-6282, Ext. 142
- **Apr. 1, 2007:** NATA Research & Education Foundation [Project Grant Program](#) applications due, [www.natafoundation.org/grants/ProjectGrant%20Packet.doc](http://www.natafoundation.org/grants/ProjectGrant%20Packet.doc)
- **Apr. 15, 2007:** NATA Research & Education Foundation [Master's Research Grant](#), applications due, [www.natafoundation.org/grants/MasterGrant1PP04.pdf](http://www.natafoundation.org/grants/MasterGrant1PP04.pdf)



## NATA Hall of Fame Members to be inducted into SEATA Hall of Fame, March 24

- ◆ [Henry L. "Buck" Andel 1986](#)
- ◆ [Robert M. Barton 1996](#)
- ◆ [Martin Broussard 1978](#)
- ◆ [Mike Chambers 1962](#)
- ◆ [Don Fauls 1981](#)
- ◆ [Jim Gallaspy 2000](#)
- ◆ [James H. Goostree 1984](#)
- ◆ [Tad Gormley 1962](#)
- ◆ [Albert "Al" Green 2004](#)
- ◆ [Sue Stanley-Green 2004](#)
- ◆ [Charles Harper 1966](#)
- ◆ [Earnest L. Harrington 1987](#)
- ◆ [Eugene Harvey 1986](#)
- ◆ [M.K. Howard 1976](#)
- ◆ [Thomas J. "Tim" Kerin 1993](#)
- ◆ [Dean Kleinschmidt 1994](#)
- ◆ [Wesley Knight 1969](#)
- ◆ [Sam Lankford 1970](#)
- ◆ [Donald D. Lowe 1999](#)
- ◆ [W.J. Luchsinger 1967](#)
- ◆ [Thomas F. Lutz 1962](#)
- ◆ [Frank Mann 1962](#)
- ◆ [Charles F. Martin 1989](#)
- ◆ [Doug May 1999](#)
- ◆ [William H. "Bill" McDonald 2004](#)
- ◆ [J. Lindsay McLean 1988](#)
- ◆ [Warren Morris 1981](#)
- ◆ [M.J. O'Brien 1964](#)
- ◆ [Chris Patrick 1989](#)
- ◆ [Earl J. "Bubba" Porche 1978](#)
- ◆ [John "Jack" Redgren 2002](#)
- ◆ [Jerry Rhea 1985](#)
- ◆ [L. Davis Sandlin 1987](#)
- ◆ [Claude Simons, Sr. 1962](#)
- ◆ [Frank Wandle 1962](#)
- ◆ [Joe Worden 1984](#)

## Secondary School Value Model (continued from page 5)

taking your student athlete to appointments?"

- "Is there value to you as a parent of having an ATC on site at the high school that is able to provide rehabilitation services that do not require you to take time from work to transport them to an off campus facility for treatment.
- "Does having an ATC at your high school provide with a degree of comfort that someone beyond the coach is looking out for the welfare of your student athlete?"

These questions do not require quantifiable data. Rather this information could be gathered by a parental survey.

### Staff Rehab

Although many secondary school ATCs readily provide treatment and consultations to school faculty and staff for various injuries, it was agreed the worker comp situations would not be included in the value model.

Many state practice acts do not allow athletic trainers in the secondary school setting to treat school staff.

### Insurance Discounts for

#### Schools

The committee believes

that insurance discounts accorded to schools that employ the services of an ATC merits further study. An important component of the value model, viable examples of school districts benefiting from these discounts need to be uncovered.

Laura Darby McNally, DI representative, may meet in the future with United Educators, an insurance company for educators.

Information pertaining to United Educators was distributed to the committee.

Some committee members are of the impression that their schools pay a lower premium on their liability insurance due to the fact that the school employs an ATC.

The possibility of discounts offered on supplemental student health insurance needs to be investigated.

### Additional Ideas

- What effect does injury prevention and education offered by an ATC have on the value model?
- Childhood obesity and other medical issues
- Educating coaches, parents, and athletes regarding the

safety of practice and sport equipment

- Survey of team physicians as to the perception of the value of an ATC

### Initial Actions:

- Contact computer software companies to inquire about school lists. If school lists are available contact schools to see if they will share their data.
- All committee members to find out what insurance company their school uses. Contact information for the insurance companies should be sent to Russell Lowe or Patty Ellis.
- Committee members will ask their state reps how athletic trainers are funded in their school districts. Committee members will forward responses and information on how their own employment is funded to Russell Lowe or Patty Ellis.

### Future Actions:

Brian will meet with Ken Locker, Marje Albhom, Patty Ellis and Russ Lowe on Saturday, January 13<sup>th</sup>, before the scheduled SIT meeting in Dallas to discuss future direction of the Value Model project.

## Secondary School Strategies and Objectives

### Revision Comments

#### GOALS

##### Objective #1

Demonstrate the quality, value and outcome of athletic training care in the secondary school setting. The following areas of concern shall be addressed and studied in cooperation with other NATA Committees:

#### A. PHYSICIAN AND OTHER HEALTH CARE PROFESSION, RELATIONSHIPS

##### Strategies

- Implement effective methods to attract the assistance of physicians who have a demonstrated knowledge of secondary athletic health care.
  - Develop programs that utilize clinical athletic trainers, physical therapists and emergency medical personnel to benefit high school athletes and improve the effectiveness of high school athletic programs.
- #### B. INSURANCE Strategies
- Develop programs in con-

junction with major insurance companies, and other NATA committees that show the relationship between insurance premiums and the hiring of an ATC.

- Using input from major insurance carriers, and the resources of NATA, develop effective means to lower liability insurance for athletic trainers.
  - Address feasibility of Insurance Research Committee (currently RAG?)
- #### C. LEGAL CONCERNS

## Secondary School Strategies and Objectives (continued from page 6)

### Strategies

- Act on concerns, as the committee becomes aware of legal issues and state legislation affecting the high school athletic training practice setting.

### D. FACILITIES AND EQUIPMENT

#### Strategies

- Develop guidelines and recommendations for the most effective use of secondary school athletic training facilities.

### E. TIME MANAGEMENT

#### Strategies

- Develop time management programs and procedures that maximize efficiency in the secondary school setting.
- Develop stress management programs that pertain to the particular concerns of the secondary school ATC.

### F. STUDENT ATHLETIC TRAINER PROGRAMS

#### Strategies

- Devise programs and procedures for the development of secondary school athletic training program.
- Develop a variety of models of secondary school athletic training programs for different situations, budgets and curricula.
- Demonstrate the benefit of networking with local sports medicine professionals to broaden the experience base of high school student athletic trainers.
- Develop scholarship opportunities for high school student athletic trainers.

#### Objective #2

Develop and recommend policy strategies regarding formal relations with certain associations, groups and governing bodies.

#### Strategies

- Establish committee representatives for various liaison groups that impact the secondary school athletic training setting. Have each liaison

representative report to the committee.

- Develop a new liaison relationship with the high school guidance counselors association to enhance the awareness of the specific attributes of the athletic training profession.
- Develop liaisons with corporate sponsors and rule making organizations to benefit the athlete and the athletic training profession in the high school practice setting.

#### Objective #3

Develop recommendations for the promotion of the secondary school setting as a viable employment option for ATCs.

#### Strategies

- Develop information for student athletic trainers that highlights and differentiates the secondary school athletic training setting.
- Emphasize the educational aspect of the high school setting.
- Develop procedures for disseminating that information.

#### Objective #4

Develop and implement a speaker's bureau, in conjunction with the NATA Communications Department, to convey the value and expertise of certified athletic trainers in the secondary school setting.

#### Strategies

- Work with NATA staff, the Secondary School Athletic Trainers' Committee Chair, District Representatives of the Secondary School Athletic Trainers' Committee and state representatives to develop and advance the profession of athletic training in the secondary school by preparing speakers with appropriate materials to address school boards, principal associations and parent groups.

#### Objective #5

Develop ongoing programs and seminars that identify and ad-

dress the unique issues and concerns associated with the secondary school athletic training practice setting.

#### Strategies

- Encourage local professionals to provide education experiences, including CEUs, to improve the expertise of the high school athletic trainer.
- Address at least one issue specifically relevant to the high school athletic training setting at each district meeting.

#### Objective #6

Provide education relevant to the secondary school practice setting on a continuing basis.

#### Strategies

- Work with curriculum directors and internship supervisors to identify methods to make aspiring athletic trainers most marketable.
- Encourage all college athletic training program supervisors to utilize local high schools with certified athletic trainers as a vehicle to improve the awareness of aspiring ATC's as to the uniqueness of the secondary school athletic training practice setting.
- Emphasize the need for education, which stresses the uniqueness of the adolescent athlete, their injuries and the psychology associated with their injury care and recovery.
- Impress upon the BOC the need for equal access to, and relevancy of CEU offerings for the secondary school athletic trainer.
- Utilize NATA publications on a regular basis to educate the general membership on issues which impact secondary school athletic trainers and promote a better understanding of the unique aspects of the secondary school athletic training practice setting.

**College Athletic Training Educators: Rewards Galore for You and Your Students!** \$100 for your college's athletic training student club? Free convention registrations? YES, and more! NATA is going all-out to encourage student members to join. If you're an athletic training educator working in a college/university, you can participate in our exciting new campaign. We're making it easy for you, too – go to [www.nata.org/members/documents/educator\\_contest.cfm](http://www.nata.org/members/documents/educator_contest.cfm) to read all about it.



### Submit your news to SEATA

Please submit any information you wish to be posted in the next SEATA newsletter or to the SEATA website.

Send to either

R.T. Floyd, EdD, ATC  
The University of West Alabama  
Station #14, UWA  
Livingston, AL 35470  
Work: 205-652-3714  
Fax: 205-652-3799  
Cell: 205-499-8670  
[rtf@uwa.edu](mailto:rtf@uwa.edu)

or

Lori Groover, MS, LAT,  
ATC  
1503 Macedonia Road  
Newnan, GA 30263  
Cell: 678-953-0597  
Fax: 770-253-8072  
[lgroover@bellsouth.net](mailto:lgroover@bellsouth.net)

**22<sup>nd</sup> Annual  
SEATA Athletic  
Training  
Student  
Symposium,  
Feb. 9-10,  
2007, Crown  
Plaza Ravinia,  
Atlanta, GA**

**Listen up!  
NATA podcasts  
are here**

NATA has launched its very first podcast. Podcasts are audio files that you can listen to on your computer -- or you can download them to a portable audio device such as an iPod.



Our first podcast features six athletic trainers who work in professional baseball. It's free and you can listen to it at <http://www.nata.org/podcasts>

**Iota Tau Alpha**

Iota Tau Alpha Honorary Society for Athletic Training students now has 23 chapters with 303 members and growing. Contact John H. Anderson at Troy University if your school is interested in joining. [athtrain@troy.edu](mailto:athtrain@troy.edu) or call (334)670-3722

**Secondary School High School Football Practice Model**

- Prior to participation in any preseason practice activities, all student-athletes shall be required to undergo and pass a medical examination administered by a physician (MD, DO).
- Acclimatization Period. Pre-season practice shall begin with a five-day acclimatization period for both first-time participants (ie. freshmen and transfers) and continuing student-athletes. This period shall begin once equipment has been issued and utilized as stated below in Week 1: 2-a. Any practices conducted prior to the issuance and utilization of any equipment shall not fall under the acclimatization period. All student-athletes, including those who arrive to preseason practice after the first day of practice, are required to undergo a five-day acclimatization period.
- During the acclimatization period, student-athletes shall not participate in seven consecutive days of practice.
- The five-day acclimatization period shall be conducted as follows:
 

**Week 1:**

  1. During the first week, participants shall not engage in more than one on-field practice per day. Each practice session with equipment shall consist of no more than 3 hours in length. Warm-up, stretching and cool-down activities are included as part of the practice time.
  2. A "Walk-Through" is permitted during this week; however, it must follow a three-hour recovery period between the end of the first practice and the start of the next practice. Walk-throughs may not exceed one hour in length. During the pre-season practice period only, protective equipment (ie. helmets, shoulder pads) and equipment related to football (ie. footballs, blocking sleds) are not utilized. In addition, conditioning drills and / or the use of a weight room are not permitted.
    - a. During the first two days of the acclimatization period, the only protective equipment student-athletes shall wear are helmets.
    - b. During the next three days of the acclimatization period, the only protective equipment student-athletes shall wear are helmets and shoulder pads. Contact may be initiated with blocking sleds and tackling dummies only. Live contact shall not be permitted.
    - c. On the next day of the acclimatization period (day six), live contact shall be permitted.

**Week 2:**

  - The first "live" scrimmage shall be permitted during the second week (Week 2).
    1. During the second week of the acclimatization period, on-field practices shall follow no more than a 2-1-2-1 format. Multiple on-field practice sessions shall not occur on consecutive days.
    2. On days when two on-field practices are conducted, individual practices shall not exceed three hours in length. Warm-up, stretching and cool-down activities are included as part of the practice time. Practices must be separated with at least three continuous hours of recovery time between the end of the first practice and the beginning of the second practice. Student-athletes shall not participate in more than five hours of on-field practice activities on these days.
    3. On days when a single practice is conducted, practices shall not exceed three hours in length. Walk-throughs are permitted and must be separated with at least three continuous hours of recovery time between the end of the first practice and the start of the next practice.

***Plan for 2008 now!***

- **23<sup>rd</sup> Annual SEATA Athletic Training Student Symposium, Feb. 8-9, 2008, Crown Plaza Ravinia, Atlanta, GA**
- **2<sup>nd</sup> Biennial SEATA Athletic Training Educators' Conference, Feb. 8-9, 2008, Crown Plaza Ravinia, Atlanta, GA**



## SEATA Communications Committee

### SEATA Communications Committee Formed

In an effort to streamline SEATA functions the Executive Board has been reviewing all aspects of the committee structure and making changes where needed. One of these recently approved changes is the merging of the SEATA Newsletter & Website Committee with the SEATA List Serve Committee into a new committee named the SEATA Communications Committee. In addition to the SEATA Newsletter, Website, and List Serve, this committee will also oversee the SEATA eBlast News, the Discussion Forum, SEATA email groups and handle group emails to the membership. Go to <http://www.seata.org/seatacommunications.htm> to review the new committee and submit your news to SEATA as detailed on <http://www.seata.org/newsform.htm>.

### SEATA Website Changes

By now you have probably

noticed some recent changes in the SEATA website which include the addition of a SEATA Quick List drop down box on every page and the ability to now search the SEATA website via Google. We have also attempted to reduce the amount of information on the home page by adding a Recent Stories page which will generally provide more extensive details on current and recently published items.

Further changes are underway in an attempt to reduce the accessibility of specific SEATA information to members only. This will primarily involve those pages which lists our SEATA email groups and the contact information for our many volunteers who serve on committees, etc. These changes are to protect the privacy of our volunteers from those who do not need to contact them and to reduce the ever growing spam problem that we all must now endure. As these changes occur

you will notice that you are being directed to the NATA Members Section when clicking on certain SEATA pages. Upon reaching this page, simply login using your existing NATA member ID/password combination and you should be directed to your desired SEATA "protected" webpage. We regret that we have to implement these changes, but we believe that this least inconvenient in that you will have to remember only one ID/password combination for both the NATA and SEATA websites.

The implementation of these protected pages requiring a login will occur gradually and may take some time to propagate throughout the numerous pages on our website. As a result, you may notice some inconsistency until this process is complete which should be complete in about a month. Should you encounter a problem or have a question, please email the SEATA web-

### SEATA List Serve Information

To subscribe to the listserve, send a blank email to [SEATA\\_subscribe@yahoogroups.com](mailto:SEATA_subscribe@yahoogroups.com). To set up full access to the listserve website, including online documents, member information, and an archive of past posted messages, go to <http://groups.yahoo.com/group/SEATA/>

**Mark your calendar & make your reservations!**  
**The 32<sup>nd</sup> Annual SEATA Clinical Symposium & Members Meeting will be March 22-25, 2007, Franklin Marriott Cool Springs, Franklin, TN**  
**Room Rate \$109.00++, 1-888-403-6772**  
<http://marriott.com/property/propertypage/bnacs>

## SEATA Exhibits Committee

By now everyone should know that we will be in Franklin TN for our 32<sup>nd</sup> Annual Meeting and Clinical Symposium. The dates will be March 22-25 and we will be at the Cool Springs Marriott right next to the Cool Springs Galleria. There will be plenty of things to do and places to go within the area or we are just minutes away from Nashville.

Please submit any new

companies in your area who could become a new exhibitor or have them contact me at the address given. Please support our exhibitors, especially our Corporate Partners, as they help in making our SEATA Annual Meeting and Clinical Symposium the great success that it has become. They can also check out our web page and click on Meetings and Education and then click on the

32<sup>nd</sup> Annual Meeting link for more information.

David T. Green, ATC  
 Exhibits Chair, SEATA  
 Tennessee Technological University  
 1160 N. Peachtree Room 114  
 P.O. Box 5102  
 Cookeville, TN 38505  
 931/372-3934  
 fax 931/372-3964  
 E-mail: [DTGreen@tntech.edu](mailto:DTGreen@tntech.edu)

**Registration is open now for the 32<sup>nd</sup> Annual SEATA Clinical Symposium and Members Meeting on March 22-25, 2007, Franklin Marriott Cool Springs, Franklin, TN**

**Update your NATA & SEATA Contact Information now at**  
[www.nata.org/members/resources.cfm](http://www.nata.org/members/resources.cfm)



## Women in Athletic Training Committee

Whether you are male or female, this is a great time to sign up for the NATA WATC list serve. We have started to regularly post questions about life balancing to generate discussion and share ideas. These answers will then be compiled and posted on the NATA website for future reference. We are also looking to complete the sentence "I like athletic training because..." We have some great postings so far, and we are looking for more! There is a link on the SEATA WATC page for anyone who wants to join (just look for us under "Committees").

**Life-Balancing Projects-** On the updated NATA Strategic Plan, one "Action Area" is to provide strategies for life balance. The WATC has al-

ways looked for ways in which all athletic trainers can bring more balance into their lives, and we are excited that this interest is spreading. We are planning to refocus our efforts, so continue to check the NATA WATC website for changes throughout the coming year.

**Mentoring-** Students are encouraged to take advantage of the e-mentoring program and to contact their state representative if they are interested in assisting with any of the WATC projects. It is a great opportunity to get involved and meet new people. Certified members are encouraged to sign up as "e-mentors" for students. Go to the NATA WATC website to sign up.

**Public Relations-** Public

relations efforts continue with the goal of increasing awareness of the work done by the WATC on the state, district, and national level. The WATC wants to provide resources to help all members of the association regardless of gender. The SEATA and NATA websites are great places to find out what the committee has to offer and to find contact information for all representatives.

The WATC district committee is comprised of a chair and members from each of the states in the district- Mary McLendon (Chair), Sherry Kimbro (AL), Kristen Couper Schellhase (FL), Cheryl Ellis (GA), Cary Berthelot (LA), Sheri McNew (KY), Ruth Hagan (MS), and Peggy Bratt (TN).

## State Reports

### Alabama Athletic Trainers' Association

The 2007 ALATA Meeting will be held May 18-20 in the same location as last year, the

[Sandestin Golf & Beach Resort](#), Sandestin, FL. More details will be available soon on the

ALATA website, [www.alata.org](http://www.alata.org)

### Athletic Trainers' Association of Florida

The Athletic Trainers' Association of Florida announces its Annual Symposium

to be held April 13-15, 2007 at the Hilton Orlando/Altamonte Springs Hotel. Watch the web-

site, [www.ataf.org](http://www.ataf.org) for more information and registration procedures.

### Georgia Athletic Trainers' Association

The GATA held its annual meeting and symposium January 11-13, 2007 at the Marriott in Marietta Georgia. Chuck Conner, Education Chair, provided the members with a variety of topics such as the role of the physician extender, IMPACT concussion study, adolescent athletes, and stress related injuries with running among others.

The highlight of the An-

nual Business Meeting was the introduction of the new Executive Board: Paul Higgs, President; Mike Clanton, Vice President; David Florkowski, continuing as Secretary, and Jeff Hopp, Treasurer.

GATA's Honors and Awards presentation was given during a luncheon on Saturday. Emcee of the ceremony was Robbie Burns, Public Relations Director of the Georgia Sports

Hall of Fame, who told those in attendance, the Hall of Fame, was adding a Sports Medicine segment in which they would be honoring Dr. Jack Hughston.

Scholarship Awards were presented to: Lana Earley, High School recipient from Tattnall Square Academy in Macon, Georgia; Rebecca Mohl, Undergraduate recipient from University of Georgia in Athens, Georgia, and Celeste Gabai,

## Georgia Athletic Trainers' Association (continued from page 10)

Graduate recipient from Life University in Marietta, Georgia.

The GATA is proud to announce the following award winners:

The Jerry Rhea Athletic Trainer of the Year was awarded to James "Radar" Brantley of Newnan High

School.

The Dr. Jack C. Hughston Team Physician award was presented to Dr. Joe Wilkes of Southern Orthopedics Specialists of Atlanta, Georgia.

Mr. Bobby Tucker, of Valdosta State University, received the Warren Morris

Sports Medicine Person of the Year Award.

The ceremony ended with Mr. Jay Shoop, of Georgia Tech, being inducted into the Georgia Athletic Trainer's Association Hall of Fame.

## Kentucky Athletic Trainers' Society

The 2007 KATS Symposium and Meeting will be held Saturday March 3. It will once

again be held at the Jewish Hospital Conference Center. More information will be

posted KATS website at <http://www.kyats.com/> as it becomes available.

## Mississippi Athletic Trainers' Association

We are proud to announce that the MATA website is finally up and running. Please make note of the new address [www.msata.org](http://www.msata.org).

Gerald

Jordan at DSU worked on this for a long time and there were delays that were beyond his control. Thank you for your patience; we believe that you will be

happy with our new site. We need your assistance in getting the word out to our members and getting feedback on things that should be added.

## Tennessee Athletic Trainers' Society

Tennessee Athletic Trainer's Society held its annual meeting and symposia on January 20-21 at the DoubleTree Inn in Jackson, Tennessee. It was the first time the meeting has been held in Jackson.

There were approximately 110 attendees to this year's meeting. Attendees were able to receive as many as 11 CEUs on a variety of topics including a heart and lung evaluation workshop, laser therapy, current legislation and practice act issues, reimbursement, ethical dilemmas, as well as many other topics.

Several vendors and exhibitors were also present to present new products. The vendors also provided several door prizes for those who remained through the end of the program.

At the annual awards

luncheon, several were recognized for their contributions to athletic training in the state. The President's Award of Merit was given to Nicholas Pappas, ATC, LAT, former TATS president and currently at Florida State University. The Sports Medicine Persons of the Year was given to Representative Leslie Winningham, District 38, TN General Assembly, and Senator Roy B Herron, District 24 Tennessee Senate, for their contributions to establishing a Board of Athletic Trainers.

The Sandy Sandlin High School Athletic Trainer of the Year was awarded to Peggy Bratt, ATC/L, EMT-IV, of Alcoa High School, and Appalachian Therapy Center, Maryville. The Eugene Smith/Mickey O'Brien College Athletic Trainer of the Year award was

given to Michael Meyer, MS, ATC, of Vanderbilt University. The Joe Worden Clinic/Professional Athletic Trainer of the Year was awarded to Tim Hoskins, ATC/L, of STAR Physical Therapy in Williamson County.

The Backbone of the Year award was given to Robert Baudier, MS, ATC/L, of the University of Tennessee at Chattanooga. The Corporate award was given to Premier Medical Group, in Clarksville, Tennessee.

The student scholarship awards were given to Erin Sheehan, of the University of Tennessee at Chattanooga for the Graduate Athletic Training Student, and to Danielle Green, of Cumberland University, for the Undergraduate Athletic Training Student.



## SEATA Calendar

Checkout the SEATA Calendar at <http://my.calendars.net/seata/> for all dates and deadlines related to the NATA, SEATA, NATA Foundation, NATAPAC, and the State Organizations in SEATA

Support the Bone and Joint Decade!  
Visit

[www.usbjd.org](http://www.usbjd.org)



### National Provider Identifier (NPI) Information

Get your NPI Today!  
[www.seata.org/npi.htm](http://www.seata.org/npi.htm)  
National Plan and Provider Enumeration System (NPPES) <https://nppes.cms.hhs.gov/NPPES/Welcome.do>  
NPI update  
[www.seata.org/NPIupdate\\_Feb06.doc](http://www.seata.org/NPIupdate_Feb06.doc)  
NPI application  
[www.seata.org/NPIapplication\\_Dec05.pdf](http://www.seata.org/NPIapplication_Dec05.pdf)

## NATA & SEATA Deadlines & Dates

- Feb. 2, 2007:** Deadline to register for NATA Capitol Hill Day 2007. Go to [www.nata.org/capitolhillday/07reg.htm](http://www.nata.org/capitolhillday/07reg.htm)
- Feb. 9-10, 2007:** SEATA 22nd Annual Athletic Training Student Symposium <http://www.seata.org/07atss.htm>
- Feb. 12, 2007:** Deadline for submission of news items to [valerieh@nata.org](mailto:valerieh@nata.org) for inclusion in April edition of NATA News. Go to <http://www.seata.org/Deadlines.htm#News>
- Feb. 14, 2007:** SEATA Research Grant Award applications due. Go to [www.seata.org/SEATAResearchGrant2007.pdf](http://www.seata.org/SEATAResearchGrant2007.pdf)
- Feb. 26, 2007:** NATA Capitol Hill Day <http://www.nata.org/capitolhillday/07reg.htm>
- March 3, 2007:** Kentucky Athletic Trainers' Society Symposium and Meeting, Jewish Hospital Conference Center Go to <http://www.kyats.com>
- March 3, 2007:** Postmark deadline for mail-in advance registration for 32nd Annual SEATA Clinical Symposium & Members Meeting.  
**March 10, 2007:** Online submission deadline for advance registration. Go to [www.seata.org/Meetings.htm](http://www.seata.org/Meetings.htm)
- March 7, 2007:** Hotel Room Reservation Deadline for 32nd Annual SEATA Clinical Symposium & Members Meeting.. Call 615-261-6100 or 888-403-6772 and request "the Southeast Athletic Trainers Association group rate". <http://marriott.com/property/propertypage/bnacs>
- March 12, 2007:** Deadline for submission of news items to [valerieh@nata.org](mailto:valerieh@nata.org) for inclusion in May edition of NATA News. Go to <http://www.seata.org/Deadlines.htm#News>
- March 20, 2007:** Submission deadline for NATA College & University Athletic Trainers Committee Awards nominations. Go to [http://www.nata.org/members/committees/cuatc/award\\_criteria.cfm](http://www.nata.org/members/committees/cuatc/award_criteria.cfm)
- March 22-25, 2007:** 32nd Annual SEATA Clinical Symposium & Members Meeting <http://www.seata.org/Meetings.htm>
- Apr. 1, 2007:** Ethnic Diversity Advisory Committee ATEP fall grant proposal submission deadline. Go to [www.edacweb.org/EDAC%20Grants.htm](http://www.edacweb.org/EDAC%20Grants.htm)
- May 23, 2007:** All medical providers and suppliers will need to use their NPI in all electronic transactions beginning this date. Go to [www.seata.org/npi.htm](http://www.seata.org/npi.htm)

## SEATA Corporate Partners

### Presidential Partner



### Executive Partner



### Committee Partners



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Better Products. Better Service.

