

Southeast Athletic Trainers Association

MARCH, 1987

District IX-N.A.T.A., Inc.

Sherry Sutton, Secretary/Treasurer

District Director's Report of Mid-Year N.A.T.A. Board of Directors Meeting

The following is a report of the items which are felt to be of importance to District IX. There is no way to cover everything that was discussed but I will attempt to give you an accurate picture of the state of things at this point in time.

NATA NEWSLETTER: Janice Daniels of District VIII is investigating the possible idea of a monthly newsletter from the national office. This could contain news from there and all committees. It could contain job placement info as well. She presented a sample and I feel that it would be an excellent way to keep everyone up to date with their organization. The possible name says it all "NATA UPDATE."

GREENVILLE BUILDING: For those that do not know we have paid off the building and property in Greenville, N.C. The original cost was around \$70,000 and it is worth almost \$100,000 now. More on this in another part of the newsletter.

MEMBERSHIP DUES: \$35.00 dollars of your dues goes into the fund for a full-time executive director. Once this national office moving is done that will become an important topic for this organization.

CONTINUING EDUCATION: There are over 70 members that are short of CEU's. These are to be removed from the rolls. Each district will be receiving those members that have not fulfilled their requirements for the period ending this coming December, 1987. We will notify our members so that everyone will have a chance to fulfill their requirements. There is no probation period anymore.

We as a district need to do something about continuing education opportunities within our own boundaries. We are asking for ideas for Linda Arnold on this.

CERTIFICATION: For the January 87 testing sites, everyone was given a seat. No one was turned away. The results for the January exam were 78% passed the Written and 69% passed the Oral.

There will be a study guide completed and given to everyone taking the exam by January 88.

(We would like to have our own Exam Seminar for our members taking the exam. This was a suggestion that I heard from some in our district. This is allowed as confirmed by Mr. Grace. This will be something that we will be working on in the near future.)

PROFESSIONAL EDUCATION: The PEC Committee is trying to encourage the development of the NATA graduate programs into two year endeavors. This will not be a mandate. This will carry an encouragement to promote more research in our graduate curriculums. The whole endeavor is simply to upgrade our graduate programs into even better ones.

PUBLIC RELATIONS: The Survey was a big push in public relations. It accomplished much for us and the need for high school athletic trainers. We have received much exposure and will continue to get even more.

A BIG THANK YOU to everyone that participated in the study by sending in the survey sheets. You did more than you know.

*Continue to work in your own community
for our public relations effort.
We know that it begins with us.*

Wait til you see the new 24 minute PR film. It is really good. Better than Mr. LeGear hoped and everyone was very impressed. They will go into mass print and be available for \$30.00 in the near future. A great tool for promoting our profession and the high school athletic trainer need.

Everyone in the PR movement keep up the good work.

PRESIDENT: Nominations for President will be made at the June Board Meeting. Must have been on the Board within the last four years counting back from June. If a member of this district has any person in mind that fits that requirement please let me know.

(Our man Jerry did a good job at his first full meeting.)

EXECUTIVE DIRECTOR: Never knowing what could or might happen to the person in this position, it was agreed to appoint Paul Grace as the Assistant to the Executive Director. This is defined as a position in the Association By-Laws.

A motion was made by VII and seconded by IV that once the national office is established in its present or a new place, we should have a full time executive director appointed within five years. It failed as VII and VIII voted For and I, II, III, VI, IX, X, Against and IV Abstaining.

We didn't want to get locked into a time table.

ATHLETIC TRAINING SERVICES: We will not enter into a contract with them to provide our placement service. We will keep doing it the way we are until the newsletter idea is explored further. It was stated that they do a fine job in helping our association members to find jobs.

LICENSURE: Need to know the number of job positions that have been created in states since they enacted legislature for licensure. I ask all state licensure people to get this to me as soon as possible.

MEMBERSHIP: Don Lowe takes over as Membership chair this June.

MEMORIAL RESOLUTIONS: Got to get this in gear. I will be contacting people in our district about this at a later date. We are just not getting the job done on a district or national basis.

MINORITY ATHLETIC TRAINERS: Membership is full on this. They will now be ready to go to work. Have already gotten started.

NATIONAL MEETING: Possible sites for 1992 have been added to with the additions of Phoenix, AZ and Portland, OR. This summer Columbus, OH; 88 is Baltimore; and 89 is Ft. Worth or San Antonio.

MEMBERSHIP ACCIDENT INSURANCE: Will continue this for the membership. Little bonus for being a dues paying member.

ETHICS: The Code of Ethics is not the same as it used to be. Look for it in coming editions of the Journal. It has been REVAMPED. Much needed and makes us stronger in upholding the integrity of our Association.

AUDIO VISUAL AIDS: I thought we would hear from them about video taping the national meeting. We did not. I am asking for this to be investigated. We in District IX know that it can be done.

RESEARCH AND INJURY: Plans call for continuing the survey and even adding boys basketball and football and girls basketball. Hope to secure grant money for this, but if not the NATA will fund it.

NOCSAE: The NATA is no longer a member of this organization. It is due to the nonexistence of any type of insurance for it. Once this is secured we will return to it.

FINANCIAL REPORT: We are in good shape. We do not have to worry about our financial condition.

Doug May



District Awards...

As decided upon this past summer at our annual business meeting, The Southeast Athletic Trainers Association will begin the giving of two awards for achievement to persons of District IX. These awards will be presented at the Summer Meeting in Gulfport.

Tim Kerin has been asked and accepted the responsibility for leading this endeavor. He will head the selection committee that will include one representative from each state within our District. All balloting will be done secretly and members of the committee will not be known to the general membership.

The first presentation is to be the Award of Merit to the Athletic Trainer who has contributed much to the profession of athletic training. We are looking for a person who has distinguished himself/herself on both the District and National levels. Anyone desiring to nominate a person must submit a resume of the nominee and a letter listing the reasons it is felt that he or she is deserving of the award.

The second award is to be presented to the outstanding Assistant. This can either be a full time person or a graduate assistant. We will need a letter from the supervising athletic trainer listing the person's accomplishments at the district and national levels, possible innovative changes the person has made in the situation where he/she works, and any community activities. We ask that a resume be sent and two letters of recommendation (i.e. team physician, athletic director, coach, etc.) accompany the letter of nomination.

We feel it is time we honored our own. Future plans call for us to begin an award for the outstanding contributing physician in the District. Take part in your organization and send in your nominees. The deadline is MAY 1. DON'T DELAY.

Convention Site Selection Committee...

We are currently working on the selection of sites for future S.E.A.T.A. conventions. We hope to be able to provide you with enough information on various sites so that you can decide on the 1988, 1989, and 1990 convention sites at our meeting this summer. In order for us to do this we need proposals and input from you. If you have proposals, suggestions, or questions, please contact one of the committee members or me.

Sincerely,

R.T. Floyd
Chairman, Convention Site
Selection Committee

District IX Convention Site Selection Committee...

Bill Brooks—Atlanta Falcons
Bill Edwards—Western Kentucky U.
R. T. Floyd—Livingston U.
Jim Gallaspy—U. of So. Mississippi
Bob Goodwin—Southeastern Louisiana U.
Stratton Karatassas—Mississippi State U.
Jim Lyon—U. of Tennessee/Martin
Randy Oravetz—Florida State U.
Cathy Osborne—Louisiana State U.
Mike O'Shea—U. of Louisville
Mike Roberts—Alabama Sports Medicine
Tom Smith—Georgia Southern U.
John Sullivan—Carson Newman College
Tony Sutton—U. of Florida



National Convention

Don't forget dates for the 1987 National Convention in Columbus, OH
June 14-17, 1987

Students...

Don't forget to apply for a SEATA Undergraduate or Graduate Scholarship. Applications are accepted between December 1, 1986 to April 1, 1987.

To apply write:

Sherry Kimbro
#1 Hurricane Drive
Coral Gables, FL 33146

ABC'S of SCHOLARSHIPS

Newly Certified...

Jeffrey O'Neil
Alan Mount

Lakeland, FL
Gainesville, FL

**DEADLINE FOR THE NEXT
NEWSLETTER IS
APRIL 10, 1987**



Injury Surveillance Study...

The N.A.T.A. released on February 3, 1987 the results of a high school injury surveillance study directed by John Powell, Ph.D., A.T., C. San Diego State University.

One hundred and five high schools from all over the country were in the sample. The study revealed that 37% of the nation's prep football players were sidelined by injury at least one time last year. It was also determined that over twice as many injuries occurred during practice sessions as opposed to games.

The most common cause of injury was "direct impact" (43.9%). Next were injuries resulting from stretched muscles at 12.7%. Torsion-related injuries accounted for 11.2% of the injuries while indirect force was 9.1% and overuse injuries at 3.9%. Offensive players sustained 57% first time injuries while 43% were sustained by the defensive unit.

A breakdown of injury location follows:

Location	Percent
hip/thigh	17.9%
ankle/foot	16.6
forearm/wrist/hand	14.6
knee	14.6
trunk	10
shoulder/arm	9.7
head/neck/spine	9
face/scalp	2.8
other	4.8

This survey gives us all an idea of how many injuries, what type of injury, and who is being injured in our nation's high school football programs. It also shows the great need for our high schools to hire NATA Certified Athletic Trainers.

The Moving of the National Office...

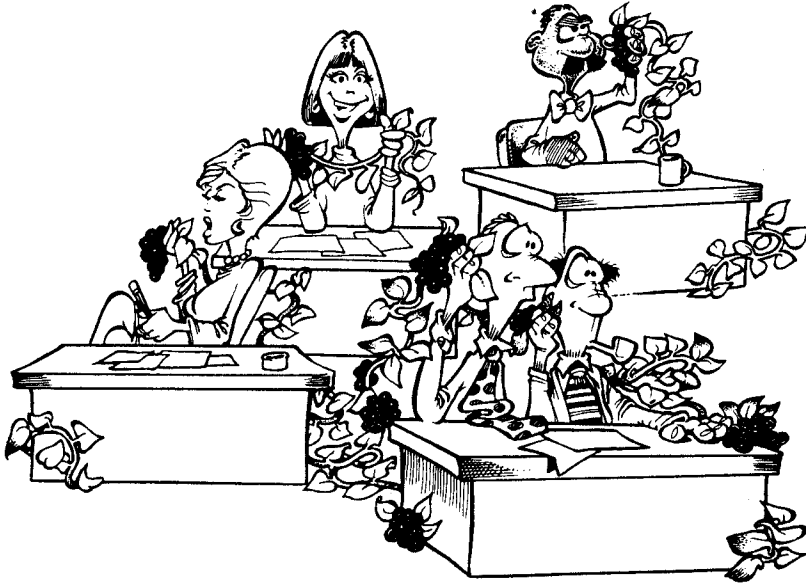
This was probably the big issue of the mid-year meeting of the Board of Directors. Two sites were presented at this time. One was from our District being Birmingham and the other from Grand Prairie, TX. Neither was approved as the site for a new National Office location.

On the advice of our Financial Advisor and after looking at the site in Grand Prairie, the Board directed the Executive Director to pursue the purchase of the property at Grand Prairie for investment purposes. This site is the former location of the Texas Sports Hall of Fame. It even includes much of their items still intact. However it is closed. **THIS DOES NOT MEAN THAT WE WILL MOVE THE NA-**

TIONAL OFFICE OR THE HALL OF FAME AT THIS SITE. The issue of whether to move and/or locate the national office at any site is still open. We could even buy the property in Texas and still not move there. That is a possible course of action. It is an open ended issue as I see it at this time.

For your info the vote on coming to Birmingham was District IX for, Districts II, III, IV, VI, VII, VIII, X AGAINST, and I abstaining.

The vote on Grand Prairie was Districts VI AND VII for, Districts II, III, IV, VIII Against, and I, IX, X Abstaining.



The vote for pursuing the Texas property for investment was 9-0 in favor of this course of action.

I would like to make this statement at this time. Mike Roberts, Dr. Jim Andrews, Dr. Larry Lemax, Dale Baker, and all the others of The Alabama Sports Medicine Clinic and the American Institute of Sports Medicine did us proud with their presentation. The seven man group did an outstanding job with the time that they had during the Board Meeting. We can once again be proud of the efforts of the people of our district on behalf of the profession of Athletic Training.

No doubt I was selfish in the desire to move the national office to our District. But I still feel that what the Birmingham site has to offer is very good. They can do a lot for us in many ways. I appreciate the time Mike and Dale spent

going to the national office to get a better idea of our needs. Not really knowing what was needed for the Hall of Fame they convinced the City of Birmingham to offer us a site for it.

Since nothing has been cut in stone, I hope that the possible site of Birmingham can be kept open as a site for future consideration.

Along these lines, I invite everyone in this district to take the time to write down on paper what they see as being in our Hall of Fame. We currently have nothing down as definite and I want you to express yourself on this issue to me. It is easy for one to talk something but it takes more effort to express in writing what they feel. If you have any thoughts as to the National Office issue please write to me. Now is your time to be a part of your Organization.

**S.E.A.T.A.
Annual Business Meeting
and Clinic**

**GULFPORT, MS
July 8-11, 1987**

BE THERE

Southeast Athletic Trainers Association
Sherry Sutton, District IX Secretary/Treasurer
5308 S.W. 88th Court
Gainesville, FL 32608